

Effect of Exposure to Lead Acetate on Neurobehavior and Learning in the Kitten

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Abstract

Objective: Elevated aggression and poor intelligence scores occur in children with BLLs (Blood Lead Levels) lower than 10 µg/dL while Pb-exposed cats show increased aggressive behavior with BLLs of 10 µg/dL. This increased aggression in cats may be associated with the development of hyper-spiny neurons observed in the motor cortex, hippocampus and cerebellum of kittens with BLLs < 1.2 µg/dL. These results suggest that lead ingestion by kittens might result in learning and behavioral deficits similar to those observed in lead-burdened children.

Methods: To test this, kittens were treated (20 mg/kg/day, lead acetate or distilled water *via* esophageal intubation) from Postnatal Day (PND) 1 to 7. At 8 and 10 weeks of age, the kittens were tested in a reversal T-maze, an open-field, and a free-fall test.

Results: 8 weeks old Pb-treated kittens showed a delay in learning as demonstrated by a significant higher number of Incorrect Arm Choices (IACs) in the T-maze that returned to control levels in 10 weeks old kittens. No differences occurred between the two groups at 8 and 10 weeks of age in the open-field or free-fall tests.

Conclusion: The impairment in the reversal T-maze suggests a Pb-induced delay in learning, which compares favourably with current understanding of delayed learning in Pb-poisoned children.

Keywords: Spatial reversal learning; T-maze; Free-fall, Locomotion; Open-field; Pb; Cat; Kitten

Introduction

Lead (Pb) contamination in humans has a number of significant neurological effects. Children are more sensitive to toxic Pb effects, whether through acute or chronic exposure, due to their high rate of bone development, and rapid neural differentiation [1]. Results from clinical studies indicate that children with Blood Lead Levels (BLLs) of 10 µg/dL or greater have marked behavioral, neurological, and intellectual impairments. In addition, children with BLLs of 10 µg/dL or greater were shown to display diagnostic features of attention deficit and hyperactivity disorder [2-5], increased aggression [6], and non-adaptive classroom behavior [7]. Furthermore, intellectual impairments were demonstrated by poor performances on the Wechsler Intelligence Scale for Children (WISC) and the WISC-Revised scale [5,7-9]. Thus Pb toxicity (>10 µg/dL) serves as a diagnostic differential in children who present with physiological/neurological disturbances such as reduced stature and skeletal growth [10-13], increased seizure frequency [14,15], coma [15], and death [15].

Pb exposure studies have traditionally used rats and mice for determining the effects of both *in vitro* and *in vivo* exposure to Pb. The *in vivo* studies on rats and mice demonstrate toxic effects of Pb on the development of motor skills [16], learning and memory [9,17-20], and spontaneous and drug-induced locomotor activity [19,21]. Furthermore, mice exposed to a high concentration of Pb (100 ppm) show a delay in first time attack of an environment intruder compared to control and mice exposed to a lower concentration (50 ppm) [22]. In contrast, Pb poisoned children demonstrate increased rage and aggression [23,24]. Similar to children, cats with a BLL of 10 µg/dL show decreased predatory attack threshold [25]. This similarity in aggression between children and cats suggests that cats may serve as a more appropriate model for Pb toxicity in humans than rodents.

Kittens exposed to Pb develop hyper-spiny dendritic arborizations in the Purkinje cells of the cerebellum [26] and cortical pyramidal cells [27] while Pb-exposed rats show decreased dendritic arborizations of cerebellar Purkinje cells [26,28,29] and alterations in dendritic arborization and spine density of hippocampal pyramidal neurons [30-32]. These alterations in hippocampal dendritic spine density in the rat may be associated with an impairment of long-term potentiation in the hippocampus of the rat dentate gyrus following exposure to Pb [33], which may be responsible for the decrease in learning and memory observed with Pb exposure [5,7-9]. Although the effect of Pb exposure on hippocampal neurons of the cat is unknown, it seems reasonable that the observed changes in hippocampal neurons of the rat and the changes observed in the cerebellum [27] and motor cortex [26] of the cat would result in alterations in learning and memory, motor skills and locomotor activity in the cat. The similarity in aggressive behavior between Pb-exposed children and cats [23-25] coupled with the difference in this behavior between children and mice [22], suggests that the cat may be a more appropriate model for human Pb-induced toxicities than the rat. Therefore, the hypothesis examined in this study is that exposure of kittens to Pb early in life decrease spatial learning, locomotor activity and vestibular reflexes. Testing of this hypothesis

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was done using the spatial T-maze, open-field, and jump down tests. The results of this study indicate that Pb exposure early in life selectively disrupts early spatial learning while having no effect on locomotor activity and the vestibular reflex and that there is a gender difference in the effect of Pb exposure in cats.

Materials and Methods

Subjects

Subjects were thirty-two male and female mongrel kittens born and raised in the animal colony of the A. T. Still University, Kirksville College of Osteopathic Medicine. Kittens were weaned at 6 weeks \pm 2 days and housed with littermates. After birth, each litter was divided equally into experimental and control groups based on stratified randomization. Purina kitten chow and water were provided ad libitum. A normal 12:12 light/dark cycle was used, while room temperature was maintained at 21°C \pm 2°C. Kittens were tested in a separate experimental room with a similar room temperature of 21°C \pm 2°C. Exclusion criteria included poor health (as determined by the attending veterinarian), or lack of interest in food reinforcement. Weights of kittens were obtained weekly through the end of the experiment. The Institutional Animal Care and Use Committee of the Kirksville College of Osteopathic Medicine approved the methods described. All protocols are in accordance with the NIH Guide for the Care and Use of Laboratory Animals (1996).

Drugs and dosage

Starting at Postnatal Day (PND) one until PND seven, the experimental group of kittens were administered 20 mg/kg/day of lead acetate (Sigma Aldrich, St. Louis, MO) in distilled water while the control group received an equal volume of distilled water via esophageal intubation.

Reversal spatial learning test

Apparatus: A reversal spatial learning paradigm was used as described earlier by Burgess et al. [34]. This test made use of a T-maze box that measured 1.8 m long \times 1.8 m wide \times 0.31 m high. The floor and walls were constructed from 0.6 cm thick, non-transparent-Plexiglas. The T-maze box had a hinged ceiling, also made of 0.6 cm thick transparent Plexiglas. The ceiling contained an access door at the start point. The T-maze box contained a runway that intersected with a perpendicular corridor with equal length arms (0.76 m) to the left and right.

Procedure: Pretest-The preferred turning direction of each kitten was assessed by placing the kitten at the start point of the runway while an equal amount of food reward (~ 100 g chicken flavor canned kitten chow) was placed at the end of both the right and left arms of the T-maze. The kittens were allowed to move down the runway and to freely choose one of the two arms (left or right). Once the kitten reached the food reward, the kitten was removed from the arm and the arm chosen was recorded. This test was repeated 10 times per day for five consecutive days (for a total of 50 trials). Total arm choices were tallied to identify an arm preference. The preferred arm (initial choice preference) was determined to be the arm visited >50% of the time.

Test-The kittens were given another 10 trials per day for five days of testing in the T-maze. During this testing the food reward was placed in the non-preferred arm (as assessed by initial choice preference), and the number of incorrect arm choices (IAC; nonfood-paired arm) was recorded.

Open-Field behaviour test

Apparatus: The open-field behavior test used in the present study was adapted from that described by Burgess et al. [34]. Kittens were tested in a 2.5 m \times 2.5 m room with 2 m high walls. The floor of the open-field chamber was marked with grids of 50 cm \times 50 cm. A latched door allowed entrance into the room. A digital camera (JVC; model GRDF43OU) was mounted to the ceiling to record the subject's behavior for later scoring. To control for observer bias, an individual blind to treatment protocol was trained to score behaviors observed in the open-field. Odors in the open-field testing room were controlled by wiping the walls and floor with a multi-purpose cleanser (Clout; Pharmacal Research Laboratories Inc., Naugatuck, CT). Each kitten was placed in the center of the open-field testing room and the next 15 min of free roaming time was videotaped for later scoring. The observed behaviors were scored as follows: 1) spontaneous locomotion (assessed as the number of lines crossed by all four paws); 2) vocalizations (assessed by the total number of mews); 3) distress vocalizations (assessed as the number of mews lasting longer than 2 sec in duration); 4) wall climb (a score of one was assigned for every five seconds that a subject's front paws reached up a wall); and 5) exploratory behavior (a score of one was assigned for every continuous five seconds that a kitten was observed sniffing the floor).

Free-Fall test

Apparatus: Grids containing 5 cm squares were marked on a poster paper, which was placed on the ground. Next to this marked poster paper was a tripod-mounted digital video camera (JVC; model GRDF43OU).

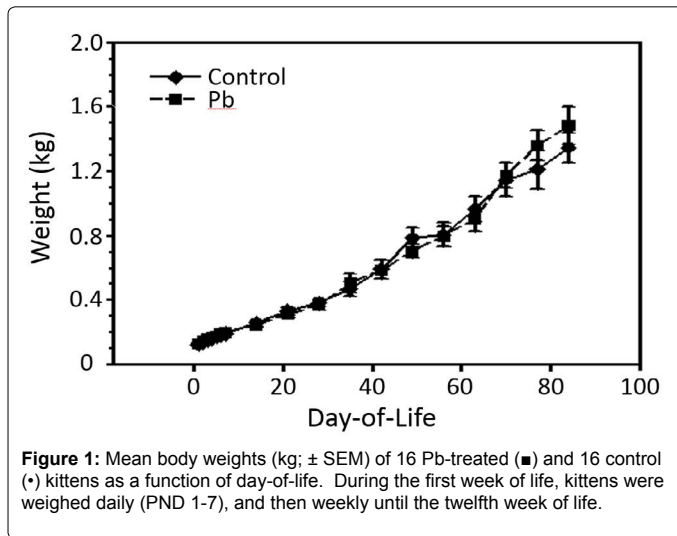
Procedure: Kittens were held right-side-up 91 cm above the marked poster paper. The digital video camera captured the kitten's free-fall and the initial contact of the paws with the marked poster paper [35]. The number of boxes between the front two paws quantified the distance between the paws on initial contact, while the number of boxes between the paws once the kitten had come to rest quantified the final resting position. The difference in the distance between the initial contact and the final resting position was compared to assess balance retention during free-fall. This procedure was immediately repeated for a total of four tests.

Procedure timeline

Kittens were placed in the T-maze each day for 5 consecutive days prior to their 8 or 10 weeks birthday as described above. Actual testing was done on 8 and 10 weeks birthdays, which consisted of: 1) open-field test, 2) spatial T-maze test, and 3) free-fall test. Each kitten was placed in a 47 cm \times 23 cm \times 31 cm holding cage for five minutes between each test. Subjects were weighed once a week until euthanized.

Statistical analysis

A 2 (8 and 10- week) \times 2 (treatment: lead acetate and distilled water) mixed factorial design was used for data analysis. Dependent variables were scored using discrete numbers based on number of line crosses, vocalizations, distress vocalizations, sniffing, wall climbing, incorrect turning directions in spatial reversal T-maze, and number of boxes between the front paws in the landing base. A 2-way ANOVA for repeated measures was used to determine if a significant difference was present while Student-Newman-Kuels test was utilized to determine which treatment groups were different. Results are reported as the mean \pm SEM, and a $P < 0.05$ was considered statistically significant. To determine if Pb-treatment had a significant effect on gender response



in the spatial reversal T-maze test a 2-way ANOVA was performed on the following groups: 1) males treated with distilled water, 2) males treated with Pb, 3) females treated with distilled water and 4) females treated with Pb. Differences between litters could not be tested for due to litters that contained small numbers of kittens. Outliers were tested for significant difference by use of the Q-test.

Results

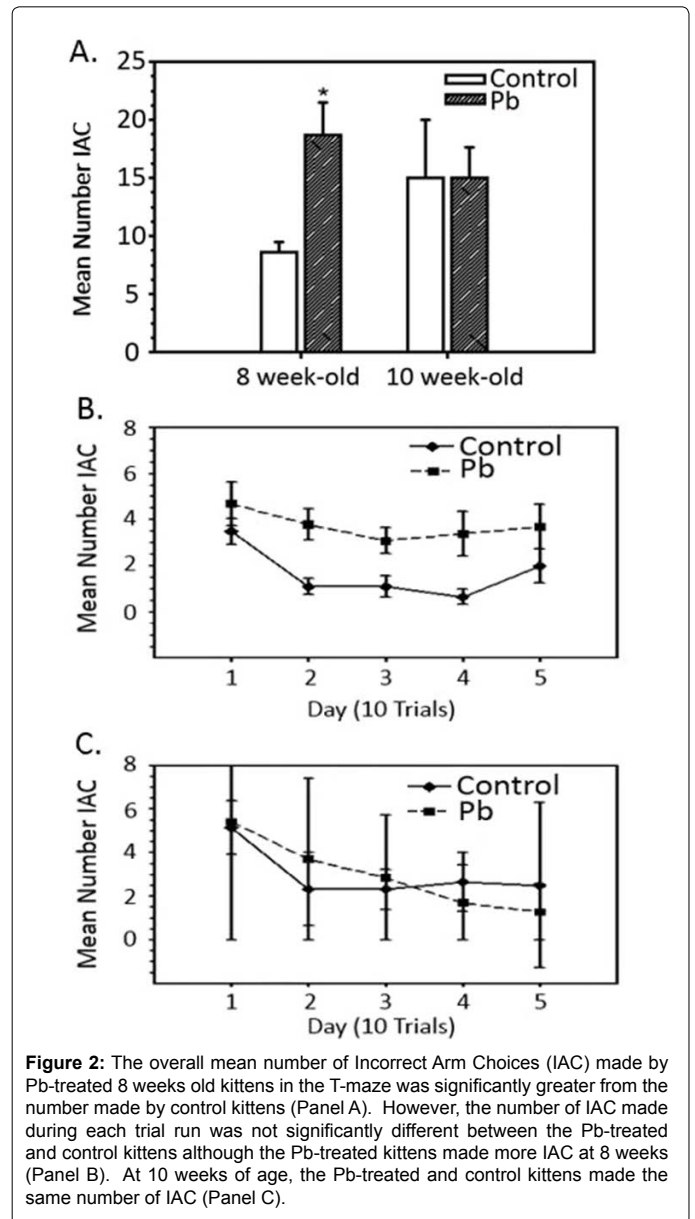
Weights

No differences occurred in the mean weights between Pb-treated and control kittens during development (Figure 1). There was also no significant difference between the mean weights of Pb-treated and control kittens when weights were measured daily during the first week of life. AAA

Spatial reversal learning

Pb-treated kittens had higher mean total IACs in the spatial T-maze at 8-weeks of age, but not at 10 weeks of age, when compared to control kittens (Figure 2A). Mean IACs of 8-week old kittens on each day of testing (days 1-5) (where each single day includes 10 trials) is shown in Figure 2B. Pb-treated 8-week-old kittens made more IACs on all days of testing compared to control kittens. All kittens showed a significantly high number of IACs on the first day of testing compared to days 2-4. IACs of the Pb-treated kittens equaled that of control kittens on day 5. Compared to test day 1, Pb-treated kittens had a 21% reduction in IACs, while control kittens had a 43% reduction.

There were no differences between the mean number of IACs between the treatment groups at 10 weeks of age although the number of IACs was higher on day 1 compared to days 2-5 for both groups (Figure 2C). Compared to test day 1, Pb-treated kittens had a 72% reduction of IACs on day 5, while control kittens had a 52% reduction of IACs. When testing for differences between males and females, it was found that at 10 weeks female kittens made a greater number of incorrect choices than male kittens (mean IACs for female kittens = 4.45 ± 0.76 vs. 2.42 ± 0.51 for male kittens; $F_{x,y}=29.31$; $p < 0.05$). The mean number of IACs made by Pb-treated female kittens at 10 weeks of age was significantly greater than the mean number of IACs made by control female kittens (Figure 3B) while there was no difference between the mean number of IACs made by age and treatment matched male kittens (Figure 3A).

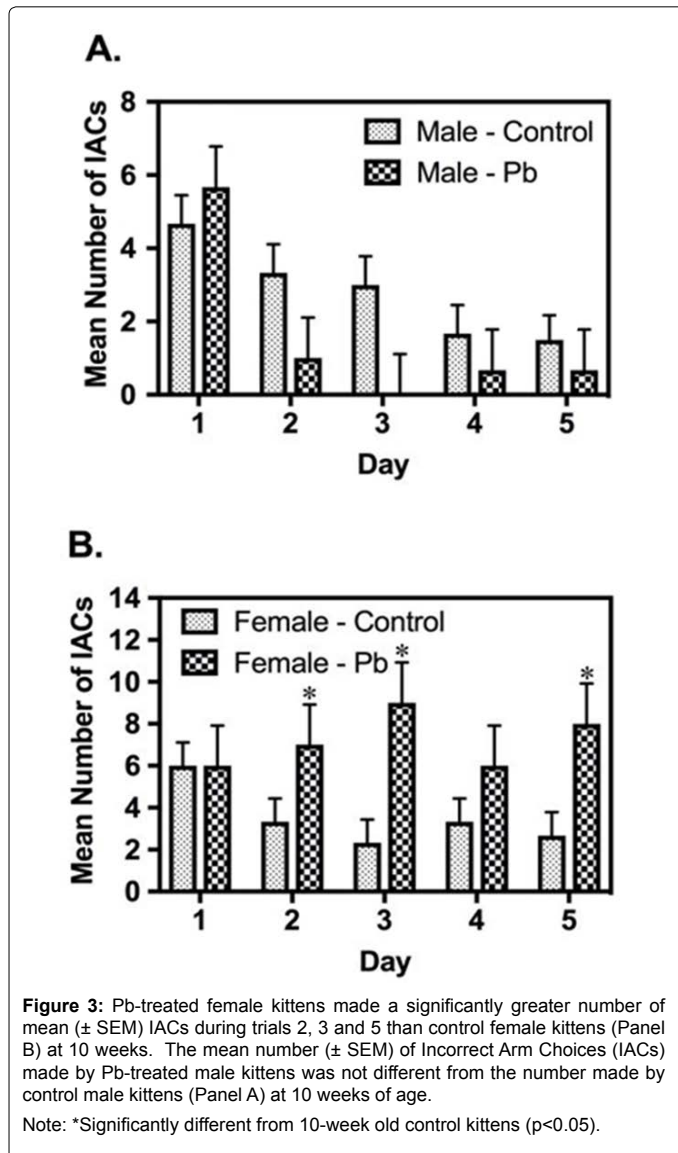


Kittens that remained in the T-maze for longer than 300 s without making an arm choice were given a “Non-Choice” (NC) score for that particular trial. The means of non-choice frequencies were not significantly different ($p > 0.05$) between the 8-week old Pb-treated and control kittens (0.9 ± 0.5 NCs vs. 4.00 ± 1.6 NCs, respectively), and in the 10-week old Pb-treated and control kittens (0.2 ± 0.2 vs. 0.0 , respectively).

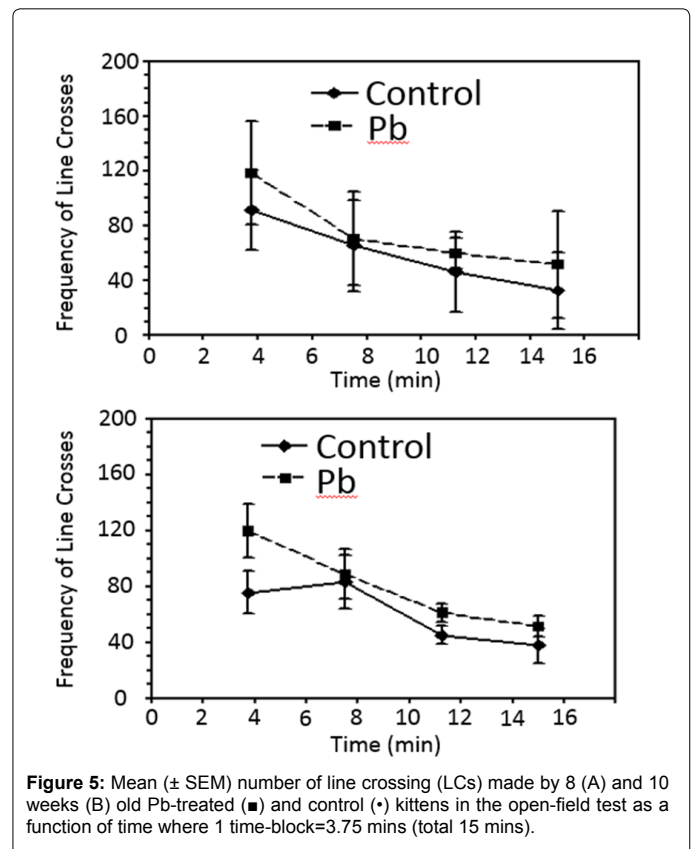
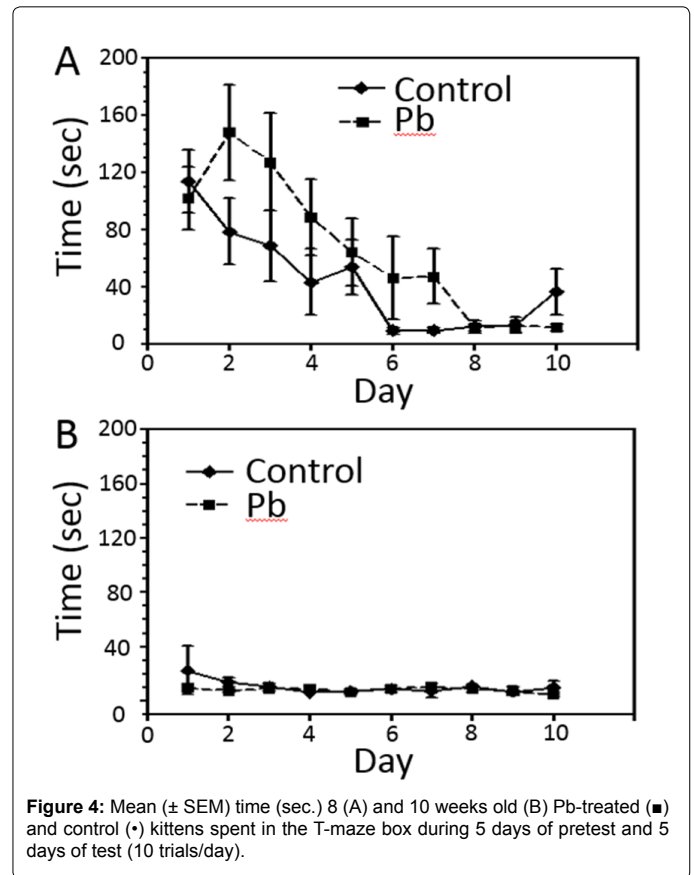
The amount of time spent in the T-maze during the test and pre-test were not different between the Pb-treated and control groups (Figure 4). All kittens spent more time in the maze on the first day of testing (approximately 110 s) which decreased to approximately 20 s during days 3-5. The Pb-treated group spent more time in the T-maze than the control group on days 1 and 2. There was no difference in time spent in the T-maze between the two groups at 10 weeks of age, which averaged about 20 sec.

Open-Field test

To quantify spontaneous locomotion, kittens at 8 and 10 weeks of age



were placed in the open-field apparatus and the number of line crosses counted over the next 15 mins. The test time of 15 mins was divided into four equal blocks of time of 3.75 mins each for determination of changes in activity over time. Spontaneous locomotor activity did not differ between the Pb-treated and control groups of kittens at 8 or 10 weeks of age. The mean number of line crossings made by the 8-week old Pb-treated kittens over each consecutive Time Block (TB) was not different from those of the control kittens. The mean number of line crossings for each consecutive TB for the Pb-treated kittens were 119 ± 38 , 71 ± 34 , 60 ± 11 , and 52 ± 39 , respectively, while the line crossings for the control kittens were 92 ± 29 , 65 ± 33 , 46 ± 29 , and 33 ± 28 , respectively. Likewise, the mean number of line crosses made by the 10 week old Pb-treated kittens over each consecutive TB was not different from those for the control kittens. The mean number of line crossings for the Pb-treated kittens were 120 ± 19 , 89 ± 18 , 61 ± 6 , and 52 ± 7.0 , respectively, while those for the control kittens were 76 ± 15 , 83 ± 19 , 45 ± 6 , and 38 ± 12 , respectively. However, both groups of 8 weeks old kittens had greater locomotor activity during the first TB than during the second, third and fourth TBs, although locomotor activity during the second TB was greater than during the third and fourth TBs (Figure 5). Likewise, both groups of 10 weeks old kittens had greater



locomotor activity during the first TB than during the third and fourth TBs, although locomotor activity was again greater during the second TB 2 than during the third and fourth TBs.

No differences between Pb-treated and control 8 and 10 weeks old kittens were observed with respect to the behaviors observed during the open-field test. These behaviors included sniffing, wall climbing, mewing, and distress mewing (Figure 6).

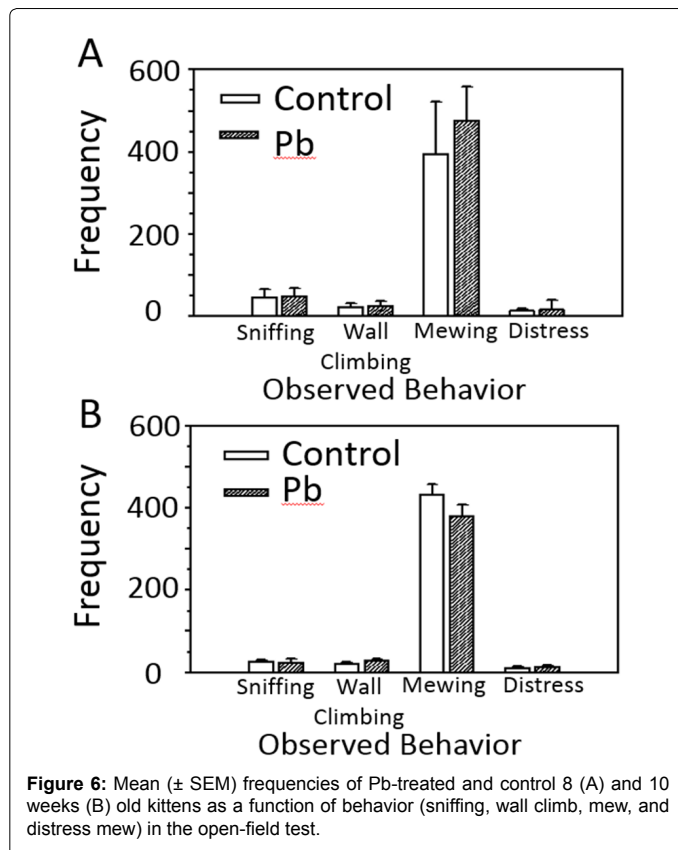


Figure 6: Mean (\pm SEM) frequencies of Pb-treated and control 8 (A) and 10 weeks (B) old kittens as a function of behavior (sniffing, wall climb, mew, and distress mew) in the open-field test.

Free-Fall test

Pb-treated and control kittens were allowed to free-fall from a height of 91 cm to determine functional ability of the vestibular spinal reflexes. There were no differences between the Pb-treated and control groups at 8 weeks of age with respect to initial contact, final resting position, or difference between the initial and final resting positions (Figures 7 and 8). Likewise, there were no differences between the Pb-treated and control groups at 10-weeks of age with respect to initial contact, final resting position, or difference between the initial and final resting positions (Figures 7 and 8).

Discussion

Pb-treated rats and mice do not show elevated aggression [22], which contrasts with clinical observations of Pb-poisoned children [23,24]. Pb-induced aggression of cats with BLLs similar to those of Pb-poisoned children suggests that the cat may serve as a better model of human Pb toxicity than the rat. Results from the present study show that Pb does not affect weight gain of kittens during development, which is similar to reports of clinical observations of Pb-poisoned children. However, there was a Pb-induced attenuation of spatial learning of the kittens at 8 weeks of age, but not at 10 weeks of age. Pb-treatment did not induce a change in the vestibular spinal reflex, spontaneous locomotor activity or behavior of kittens at 8 or 10 weeks of age.

It is well documented that Pb-poisoned children have impaired learning and intelligence quotients as measured by the WISC and the WISC-R [5,7,8,36]. This learning impairment occurs when BLLs are less than 10 $\mu\text{g}/\text{dL}$ [4]. Exposure to Pb in the rat results in decreased hippocampal dendritic arborization and density of spines in the rat [31]. These changes in the hippocampus of the rat may be associated with decreased LTP observed in Pb-exposed rats [33,37], which may explain the decrease in learning and memory found in Pb-exposed rats [5,7-9]. Although the extent of Pb-induced changes in the cat hippocampus is unknown, the present study shows that Pb-treatment during days 1-7 following birth results in decreased spatial learning of kittens at 8 weeks, but not at 10 weeks, of age. These results suggest that the Pb-induced impairment of learning in the kitten may not be permanent,

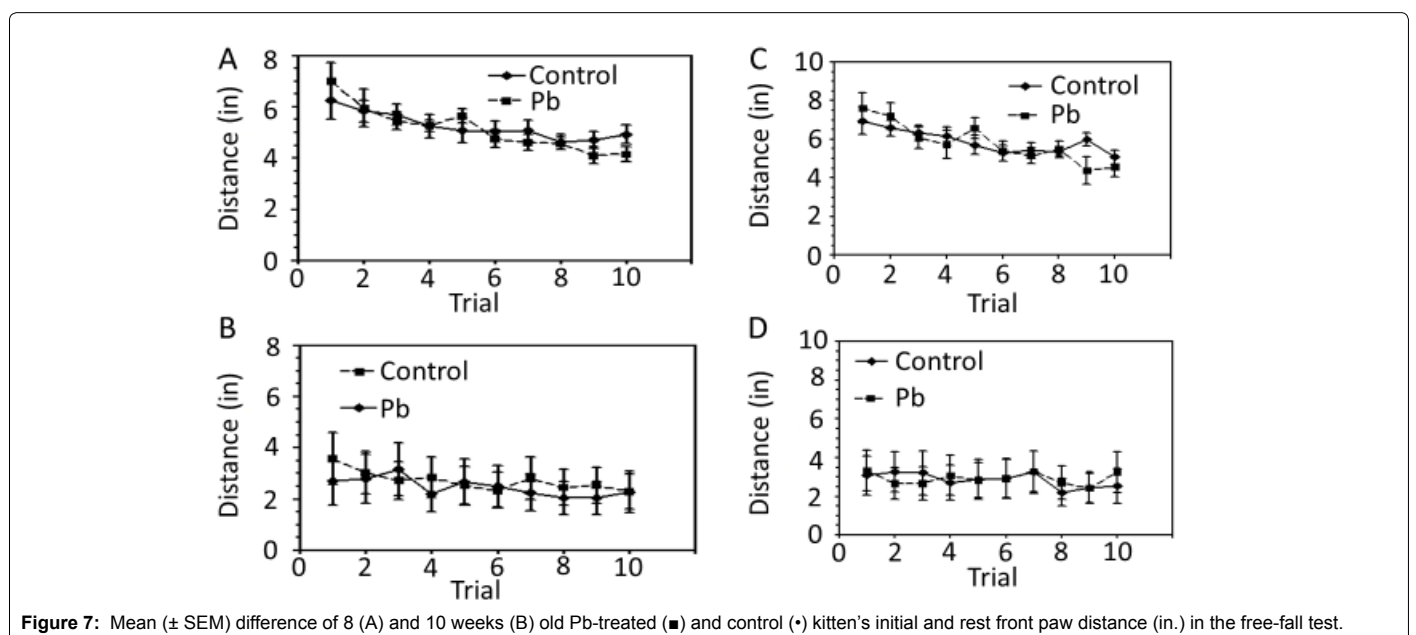


Figure 7: Mean (\pm SEM) difference of 8 (A) and 10 weeks (B) old Pb-treated (■) and control (●) kitten's initial and rest front paw distance (in.) in the free-fall test.

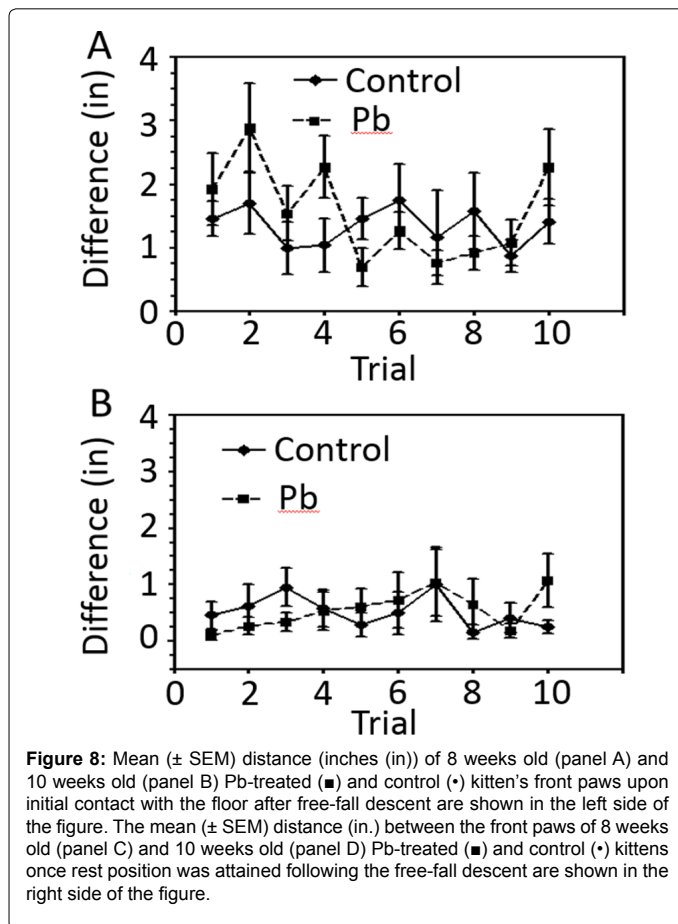


Figure 8: Mean (\pm SEM) distance (inches (in)) of 8 weeks old (panel A) and 10 weeks old (panel B) Pb-treated (\blacksquare) and control (\bullet) kitten's front paws upon initial contact with the floor after free-fall descent are shown in the left side of the figure. The mean (\pm SEM) distance (in.) between the front paws of 8 weeks old (panel C) and 10 weeks old (panel D) Pb-treated (\blacksquare) and control (\bullet) kittens once rest position was attained following the free-fall descent are shown in the right side of the figure.

but rather Pb-treatment delays spatial learning. It is interesting to note that Pb toxicity causes a similar delay in children tested for word recognition [38]. When challenged for word recognition, Pb-poisoned children show a significant 4-5 month delay before their performance equals that of children without elevated BLLs.

Children exposed to Pb are known to display symptoms of attention deficit hyperactivity disorder [16], which are observed when BLLs are 10 $\mu\text{g}/\text{dL}$ [9]. Similarly, Pb-exposed rats show increased locomotor activity in the open-field test [21,39-41]. However, these studies used Pb-exposure protocols that elevated BLLs to 21 $\mu\text{g}/\text{dL}$, 100 $\mu\text{g}/\text{dL}$, and even 600 $\mu\text{g}/\text{dL}$. Treatment of the kittens in the present study was designed to result in BLLs of <10 $\mu\text{g}/\text{dL}$ as shown in previous studies [26,27]. Pb-exposure of kittens in the present study did not alter spontaneous locomotor activity as determined by the number of line crosses in an open-field test. In addition, there were no differences in the other measured behaviors, including mewing, distress mewing, wall climbing, or sniffing, between the Pb-treated and control kittens. A difference in the Pb-exposure protocol might explain the lack of Pb-induced changes on open-field behaviors in the kitten. In the present study, kittens received a low level of Pb (20 mg/kg/day in the form of lead acetate) daily from postnatal days 1 to 7. As a result, the Pb-treated kittens had several weeks of latency from Pb treatment until the first test day. This is in contrast to some of the studies that utilized rats in which the rats received continuous exposure to Pb starting on day one of fetal development until day of testing [37,40]. These rats showed increased spontaneous locomotor activity that was associated with elevated BLLs. Thus, continuous exposure of kittens over the eight weeks duration of

the present study may have resulted in the development of hyperactivity. This, however, would have been in contrast to the purpose of the present study, which was to determine if early exposure to low levels of Pb would result in locomotor changes several weeks later.

A morphological study, using the Golgi stain method, identified the development of hyper-spiny dendrites on the Purkinje neurons of the flocculonodular lobe and vermis of the cerebellum of kittens following an identical Pb treatment paradigm as the one used in the present study [26]. Since these cerebellar regions are involved in the regulation of vestibular reflexes, a change in the Pb-treated kittens from control kittens was expected in the response to testing of these reflexes and motor coordination. In the present study, the free-fall test, which is a simple, reproducible, noninvasive objective test of motor function in cats [42], showed that Pb treatment had no effect on the distance between the front paws upon initial contact with the floor, or the final resting position of the front paws following the free-fall. Furthermore, the difference between the initial contact with the floor and the final position of the front paws did not differ between control and Pb-treated kittens. The reason for a lack of effect of Pb-treatment on the free-fall test may have been due to a modification of the height used in the present study. An earlier study described the sequence of muscular contractions involved in the vestibular spinal reflex [42]. This study also showed that the vestibular spinal reflex is the most active during the first 160 m/sec of the descent, regardless of height. In the present study, the height of the fall was adjusted to 91 cm in order to prevent harm to the kitten. However, this lower height decreased the time of descent to approximately 61 m/sec [43,44]. This descent time may be too short a time to allow the vestibular reflex full adjustment of a kitten's position for landing. As a result, the kittens may not have had enough time to adjust and position themselves for their initial landing and subsequent adjustment for full stabilization.

Results of previous studies show that rats and mice exposed to Pb impairs learning and memory [5,7-9], and suggest that this impairment may be due to altered neurogenesis and morphology [45] and changes in long-term potentiation (LTP) [9,33,44-46]. Since low levels of Pb exposure in kittens causes the development of hyper-spiny neurons in the motor cortex and cerebellum, while causing the development of hypo-spiny neurons in these same brain regions of the rat, the present study also examined whether this low level of Pb exposure would cause impairment of learning and memory in the kitten. The present study shows that Pb exposure (20 mg/kg/day for the first seven days of life), which results in BLLs of approximately 0.4 $\mu\text{g}/\text{dL}$ as shown in an earlier study [47], causes a transient cognitive impairment, as demonstrated by a decreased performance in the T-maze at 8 weeks of age, but not at 10 weeks of age.

Several reports suggest a gender difference in responses to Pb treatment early in life. Impairment of spatial memory of Pb-treated male rats may be the result of one or more Pb-induced changes that occur at the molecular level that are greater in the male than the female rat. First, Pb-exposed male rats show a greater increase in hippocampal myoinositol signaling than female rats [48]. Second, male rats treated with Pb show increased transcription down-regulation factor concentration than female rats [47]. Third, Pb-sensitivity for a NMDA subunit mRNA (NR2A) was also increased in Pb-exposed male rats compared to Pb-exposed female rats [49]. The association of these changes to LTP and thus to spatial learning has not yet been established in the rat although these changes appear to be related. Whether similar types of changes occur in the cat are not yet known, particularly since the female kittens, rather than male kittens, showed impairment in

spatial learning and memory. Therefore, any suggested changes in the cellular structure of hippocampal neurons and molecular functions in Pb-exposed kittens, and how these changes relate to spatial learning and memory, and how gender differences affect learning memory is purely speculative at this time.

Conclusion

The results of this study suggest that the kitten is a viable model for studying the central toxic effects of Pb exposure, especially since the cognitive deficits discovered in the present study and the decrease in aggressive threshold reported earlier are similar between humans and cats. However, the return of the impaired cognitive function observed in kittens at 8 weeks to normal in 10 weeks old kittens is presently unknown. Since the cognitive functions of spatial learning and memory are dependent on the hippocampus and the apparent development of LTP, the changes in dendritic neuronal structure of the hippocampus and LTP need to be determined in the kitten following the Pb-treatment paradigm followed in this study. Furthermore, the effect of this Pb-treatment paradigm needs to be determined in both 8 weeks and 10-week old kittens to determine if any changes that occur relate to the cognitive changes observed in the present study. In addition, it should be determined if Pb treatment causes changes in LTP and whether changes in LTP correlate to the cognitive deficits that occurred in the 8 weeks old kittens, particularly the female kittens. It is possible, however, that the alteration in cognition of the 8 weeks old kitten observed in the present study may not correlate to changes that might be observed in neuronal structure and LTP in future studies. This is particularly true since the previously observed increase in dendritic spines in Purkinje fibers of the cerebellum and cortical pyramidal motor neurons do not correlate with behavioral changes in the vestibular reflex and spontaneous motor activity observed in the present study. In summary, this is the first study to demonstrate impaired cognitive function in Pb-poisoned kittens with a BLL of <10 µg/dL. This finding, coupled with the decrease in aggressive threshold observed in both Pb-poisoned children and kittens suggest that the cat may be a more appropriate animal model for the study of human Pb poisoning than rodents.

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