

Joint Preservation Surgery of Knee Varus Deformity Correction in Young Adults

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The postoperative period can be divided into the period of correction and the period of fixation. The correction period duration is determined by pain and the presence of edema, making it difficult to assess the external shape of the lower limbs in a standing position under full load. Long-term manipulations of the position of fragments for 5-6 weeks after the operation do not affect the overall duration of the patient wearing the external fixation devices (Figure 1). With respect to the activity expansion mode, patient activity is determined not so much by objective factors as by the motivation to return to work. Some patients drove a car and set off to work one week after the operation [1-3].



Figure 1: The patient's appearance 32 years before the correction (left), 2 months after the operation (center), and 1 year after the correction (right).

References

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