Psychiatry is the branch of medicine focused on the diagnosis, treatment and prevention of mental, emotional and behavioral disorders. Psychiatrists conduct research on a wide range of mental conditions and treatment approaches, and the field produces and periodically revises classification systems, including the Diagnostic and Statistical Manual of Mental Disorders (DSM), that clinicians use as guides for diagnosis.

Symptoms of mental illness and distress stem from both biological and environmental factors, including maladaptive patterns of behavior and even diet. The contribution each makes to disorder varies from person to person.

Both psychotherapy and drugs have been proven effective for many psychiatric disorders. Often a combination of the two works best.

Psychosomatic Medicine 2020 aims at providing a platform to share exchange and ideas, views, experiences, research and technologies on the theme “Application of Psychosomatic Medicine to achieve Mental & Physical Wellness” which includes keynote presentations, Plenary sessions, Oral talks, Poster presentations, Workshops, Symposia, Video presentations, E-posters, Exhibitions and additional special sessions.

36th International Conference on Psychiatry & Psychosomatic Medicine, 2019 was inaugurated followed by the key note session by Donald R Posson from National University, USA followed by the title “Automated neurofeedback brain-training as a primary addictions intervention”. The session was Chair by Kevin Kervick, USA.

According to BBC research the global market for drugs treating mental disorders was valued as $70.1 billion in 2012 and is estimated to have declined slightly to nearly $69 billion in 2013 and by 2018 it aims the market growth approximately to $77.1 billion.