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Long term effects of abuse and violence on children's behavior

Abuse and Violence are a health risk among children. It carries the potential of producing long and debilitating mental health problems that includes maladaptive behaviors, anxiety disorders, personality or relational issues. Abuse and violence in all forms is a serious global health problem affecting children. It is not an isolated case. It is cause for alarm and concern.

This health issue requires equal importance as any other physiologic and physical disorder. It advocates the use of client centered or person-centered therapy. The child's right to be respected for his views is necessary in the treatment and healing process.

Every child is a human being having similar rights as any adults have. It includes their right to association with both parents, human identity, the provision of the basic needs for physical protection, food, universal state-paid education, health care, and criminal laws appropriate for the age and development of the child, equal protection of the child's civil rights, and freedom. Prevention of a disruptive home environment is better than a whole system of cure. Abuse, whatever the nature is; physical, psychological or sexual according to Mullen and Fleming (1998) reveals a significant connection between a history of child abuse and a range of adverse outcomes both in childhood and adulthood. The important role of the family and community where the child is raised is stressed. This study describes coping mechanism, mental health wellbeing and functioning of an abused child

Biography

Maria lourdes de vera is an artist and an award winning author. She has written articles about child rearing and written books on the significance of creative art works for children. She is a registered Nurse specializing in Intensive Care Nursing as former Clinical Instructor she handles research as her main field of interest. Maria is a Licensed Professional Teacher and Psychologist with post graduates in Medical Surgical Nursing, Guidance and Counselling and Fine Arts. She gives lectures to undergraduate and and graduate school students in selected colleges and universities in the National Capital Region.

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