

# Neuroscience and Neurology Conference

and

13<sup>th</sup> Global Neurologists Meeting on

## Neurology and Neurosurgery

November 07-08, 2019 | Frankfurt, Germany

### Is there relationship between toxoplasma gondii IgG seropositivity and idiopathic parkinsonism and does it have correlation with cortisol blood level ?

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**Background:** some researches linked between latent Toxoplasmosis and neurological diseases, now the main interest is the probable relation between toxoplasmosis and neurological diseases as epilepsy and Parkinsonism.

**Aim:** To detect the incidence of Toxoplasma gondii infection in patients with idiopathic Parkinsonism and correlate it to their blood level of cortisol.

**Materials and Methods:** This study was conducted on 30 idiopathic Parkinson's Patients, 30 psychiatric Patients, 30 apparently healthy individuals. All subjects were submitted to a questionnaire, detection of anti-Toxoplasma IgM, anti-Toxoplasma IgG and cortisol level by ELISA.

**Results:** of the 90 cases; 41.11% and 1.11% were positive for anti-Toxoplasma IgM and IgG, respectively. The percentage of positive anti-Toxoplasma IgG cases was in the healthy group (46.67%) followed by Parkinsonism group (43.3%). Mean cortisol level was higher in Parkinson's group than other groups but still within normal levels. Contact with cats, drinking unfiltered water and consuming unwashed raw vegetables were significantly higher in Toxoplasma IgG seropositive Parkinson's patients. Highest anti-Toxoplasma IgG positive cases in Parkinson's group were detected in stage 3 of the disease.

**Conclusion:** A high Toxoplasma seropositivity in association with Parkinsonism. Toxoplasma gondii oocyst may be the most probable main mode of transmission of Toxoplasma gondii in idiopathic Parkinson's patients. Toxoplasma gondii may worsen idiopathic Parkinsonism. Cortisol level was higher in Parkinson's patients, still it showed no significant relationship with Toxoplasma gondii seropositivity.

### Biography

Ahmed Abdelrahman Daoud has completed his Ph.D. in Medical parasitology at the faculty of medicine Tanta University 1980. and another Ph.D. in Microbiology And Immunology in 1992 at Cairo Military Medical Academy.

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