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Constructing death education program for nursing staff based on constructivism learning theory

Objective To construct a death education program for nurses from the perspective of constructivism learning theory, and to provide reference for nurses' death education. **Methods** From July 2020, the draft of death education program was preliminarily prepared by literature content analysis. 23 experts were selected to conduct two rounds of expert letter consultation, and the draft of death education program was formed. The feasibility of the draft was verified by pre-test, and the final draft of death education program was further revised. **Results** Expert judgment basis, expert familiarity coefficient and expert authority coefficient were 0.91, 0.84 and 0.87, respectively. Form the education plan of final version includes four themes, 8 kinds of education methods, 22 items: hear death (teaching + theme discussion) 7 items, see death (experience + experience sharing) five entries, touch death (situational simulation + values clarification) five entries, beyond death (life review + near-death experience) five entries. The significance score of each item was >4.5, the coefficient of variation ranged from 0.04 to 0.18, and the coordination coefficient W value of the two rounds of expert consultation was 0.174 and 0.465, respectively ($P < 0.001$). **Conclusion** From the perspective of constructivism learning theory, the death education program for nurses is scientific, practical and feasible. The training themes and objectives are progressive, and the teaching method is flexible and open, which is easy to be accepted by nurses. It can provide reference for the implementation of death education in nurses.

Publications

1. Li Fengxia, Hu Chengwen, Xu Baohui, et al. Research progress on death education methods of nursing staff at home and abroad [J]. Chin Nurs Res, 2019, 33(20):3559-3562.
2. Li Fengxia, Hu Chengwen, Xu Baohui, et al. Death coping ability of oncology nurses in 5 grade A hospitals in Hefei and its influencing factors [J]. Mod Preven Med, 2020, 47(15):2716-2719, 2728.
3. Li Fengxia, Liu ZhengZheng, Hu Chengwen, et al. Constructing death education program for nursing staff based on constructivism learning theory [J]. Chin J Nurs, 2021, 56(11):1685-1690.
4. Li Fengxia. Construction and empirical research of nursing death education program based on constructivism learning theory [D]. Anhui Medical University, 2021.
5. Xu Baohui, Sun Li, Li Fengxia, et al. A study on the correlation between empathy ability and interpersonal efficacy of nursing students [J]. Nursing of integrated traditional and western medicine, 2020, 6(01):93-97.

Biography

Li Fengxia, Nursing, profession Master Degree Candidate, She has been a nurse for 14 years, In 2018, he started his research on death education, She has published 6 papers as the first author, including 4 core papers of Peking University. With team members together to build a progressive theme (hear death - see death - touch - beyond death) of nurse death education program, and applied to nursing staff death education training, obtains a good effect, can significantly relieve the nurse's death fear, anxiety and other negative emotions, and promote the nurse attitude toward death and care for dying patients attitude positive change, To enhance their ability to cope with death provides a good scientific reference for the development of death education in nurses.

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