30th World Summit on

## Positive Psychology, Mindfulness, Psychotherapy and Philosophy

March 18-19, 2019 | Chicago, USA

POSTER PRESENTATIONS

CLINICAL AND EXPERIMENTAL PSYCHOLOGY 2019, VOLUME 5 | DOI: 10.4172/2471-2701-C1-003

## Responsible well-being towards positive peace: A perception out of first hand working experiences in Nepal

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Statement of Problem: I have raised this title "Responsible Well-being (RWB) related to Positive Peace: A perception out of first hand working experiences in Nepal" as my M.A.S. thesis paper. Since I worked in Nepal as a grass-roots worker, I was truly attached to the local community. In this paper, I will share the understanding of Responsible Well-being (RWB) in Nepalese rural communities. I will share my understanding of this word RWB and its contribution to Positive Peace. Most of my working time during the past years was with rural communities in Nepal. I experienced learning their

culture (their local languages too), their understanding of humane and community development. I worked with a local Non-Governmental Organization (NGO) named SAHAMATI in order to directly facilitate the intervention in the field. Oxfam Hong Kong, an international NGO, supported financially in order to reduce poverty and hunger. Since the project has been running in Nepal from 2005 onwards, there are good indications for their quality of life, which are the significant result of the project. How to do the monitoring? I am going to explain this and try to get an idea of the word RWB. The RWB is very supportive of the quality of life and wellbeing on society. During the MAS study in World Peace Academy, Switzerland, I could learn the importance of positive peace with various theories on peace and conflict transformation.

Conclusion & Significance: By the end of this thesis work, I make a recommendation

which will be helpful in the transformation process towards positive peace in a collaborative way of action by people for their sustainability. The terminology of RWB shows the actuality of the case of Nepal which will help concerned people and institutions from all over the world understand.

## **Biography**

Bikash Subedi has worked more than a decade with pro-poor rural communities in Nepal and learned how to keep truly the positive peace as far as a sustainable livelihood is concerned. He has conducted several seminars and workshops in Nepal. Countries like Germany, Switzerland, Japan, and Korea with various topics under the sustainable livelihood and well-being which make him more strong on this way of thinking on making people happy in a true way. Some theories he has also made to boost his professional career as a bridge within people to people. We how the community is determining with their own indicators of wellbeing and happiness which can be a good lesson learned in a mutual way to all in this beautiful world. This approach is the one which he would like to explore in this conference.

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