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Anaphylaxis management: Knowledge and practice among pediatricians

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Anaphylaxis is a serious allergic reaction that is rapid in onset and might cause death. It is fatal in around 1% of cases. Studies have shown that there is underuse of intramuscular epinephrine as a first-line treatment despite the international guidelines. It has been demonstrated that many pediatricians have difficulties in anaphylaxis diagnosis and management. My personal observation is that there is delay or failure to use IM epinephrine, which is lifesaving, in cases of anaphylaxis. This is the first study on anaphylaxis in Kuwait. The aim of which is to assess the knowledge on anaphylaxis management among pediatricians and pediatric emergency physicians and factors influencing their practice. The ultimate goal is to be able to provide appropriate tools (updated ER protocol, scientific days, and workshops) to improve patient care and outcome. This is a survey questionnaire that will cover aspects on management based on the international guidelines. The study population is going to be pediatricians in the wards, clinics, ER or PICU, where they might encounter anaphylactic reactions.

Biography

Maysoun Al Rushood is an Assistant Professor at the department of pediatrics in Kuwait University. After graduating from Kuwait Medical School, she joined the pediatric residency program in McGill University in Montreal, Canada. She did further training in the specialty of pediatric allergy and clinical immunology in McGill University, Canada. She has the following certificates: The American Board of Pediatrics, The Canadian Board of Pediatrics and The Canadian Board of Allergy and Clinical Immunology. She is a member in many medical associations in the field of pediatrics and allergy and immunology, such as The American Academy of Pediatrics and The American Academy of Allergy, Asthma and Immunology. Her special interests are primary immunodeficiency and various allergic diseases as well as medical education. She is actively involved in research and teaching at the Faculty of Medicine besides her clinical work in the hospital.

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