Shadab Shireen, Primary Health Care 2017, 7:1(Suppl)
http://dx.doi.org/10.4172/2167-1079-C1-005

Gardner - Diamond syndrome-A case report

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Gardner - Diamond Syndrome or autoerythocyte sensitization is a rare syndrome characterized by spontaneous development of painful edematous skin lesions progressing to ecchymosis over the next 24 hours. Severe stress and emotional trauma always precede the skin lesion. It is regarded primarily as an autoimmune vasculopathy with sensitization to phosphatidyl-serine, a component of erythrocyte stroma. We present here a case of 15 years old girl who presented with multiple ecchymotic patches over the body. Baseline biochemical, hematological and immunological investigations were normal. Skin biopsy showed no evidence of vasculitis. All routine coagulation investigations were normal. Diagnosis of Gardner - Diamond syndrome was made clinically and it was therefore diagnosis of exclusion. A high index of suspicion was necessary to make the diagnosis.

Biography

Shadab Shireen is pursuing her MD in Pathology in Bombay Hospital Institute of Medical Sciences and Research Centre, Mumbai, India. She has one international publication and is interested in research work.

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