

**Physician Heal Thyself: Working My Way Back to Me. “The stroke has not changed me, only the circumstances I find myself in have changed.”**

**Lincoln Krochmal**

Los Gatos, USA

A stroke survivor's story told from the perspective of a physician who suddenly becomes a patient. As the recovery treatment regimen for stroke survivors remains an imperfect science, Dr. Krochmal shares his story, first-hand experiences and key anecdotes to help new stroke patients and their caregivers better understand the challenges they face and how best to navigate a path forward to regaining their life and independence.

**Biography**

Lincoln Krochmal, MD, is a Board certified Dermatologist and following 7+ years of private practice, spent the subsequent 30 years in the pharmaceutical and consumer goods industries focusing on the development of new products both locally and globally. During his career, Dr. Krochmal has played a pivotal role in gaining FDA approval for 15 novel dermatology products.

Dr. Krochmal received his Bachelor of Medical Sciences degree from the University of Wisconsin, his Doctor of Medicine from the Medical College of Wisconsin, and his board certification in dermatology following successful completion of the residency training program at the University of Missouri Medical Center. In 2005, Dr. Krochmal was appointed to the Board of Directors of the International Academy of Cosmetic Dermatology. He is a fellow of the American Academy of Dermatology, a Diplomat of the American Board of Dermatology, and a member of the International Society of Dermatology and the Dermatology Foundation.

Lincoln Krochmal served as CEO and President of Excaliard Pharmaceuticals from 2008-2010. He had to step away from his executive role after suffering a stroke in September 2010. He is capturing his experience in a book and currently counseling stroke patients and their families. He continues to offer his expertise and guidance as a consultant to the pharmaceutical industry, and is deeply committed to his volunteer work with children afflicted by severe skin disease.

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