

10th International Conference on
Neuroscience and Neurochemistry
&6th International Conference on **Vascular Dementia** February 27-March 01, 2017**Management of challenging behaviors in dementia: A geriatrician's perspective****Si Ching Lim**

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Dementia is becoming an expensive disease worldwide and its prevalence is on the rise, particularly in the developing countries. The non-cognitive symptoms of dementia, also known as neuropsychiatric symptoms or behavioural and psychological symptoms of dementia (BPSD) is particularly challenging for the caregivers resulting in significant caregiver stress, leading to burnout and institutionalization. BPSD occurs in >90% of people with dementia at some point during the course of their illness. An overview of BPSD: Types of behavioural problems encountered, aetiology of BPSD, approach to treatment of BPSD focusing on person centered care (PCC) and treatment options. For healthcare workers, particularly the ones not trained in geriatric and gerontology, BPSD is challenging and stressful. The majority of caregivers will end up restraining- either physically or chemically, the patients for their safety. Restraining the elderly comes with complications like physical deconditioning, DVT, UTI, urinary retention, constipation, pneumonia, pressure sore, etc. The aim of this presentation is to introduce to the audience the causes of challenging behaviors and how to manage the agitated patients non-pharmacologically, with restraints as a later alternative. The presentation will include 2-3 cases for discussion.

Biography

Si Ching Lim has a special interest in Dementia Care particularly in patients with behavioural and psychological symptoms of dementia. She is currently in charge of a 20 bedded Dementia Ward and is responsible in developing the ward and training the staff in managing elderly with delirium and dementia with challenging behaviors. Current projects involve seeing surgical patients with delirium and dementia post operatively and educating surgical nurses management of BPSD. She is also an Adjunct Assistant Professor at the National University of Singapore and Dukes Graduate Medical School.

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