Headache and Ptosis after heavy exercise

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A 30 years old male was referred by primary care physician to Emergency department with one day history of acute frontal headache, left retro-orbital pain, Neck pain and drooping of Left eyelid. He was experiencing photophobia but denied any other symptoms. All of this followed a weekend of heavy exercise at a Boot camp. His past history included Migraine, Splenectomy following a motorcycle accident and previous fracture of scapula, arm and thoracic vertebrae. Clinical examination revealed miosis and ptosis of the Left eye. Rest of the clinical examination was normal. CT Head was requested which was reported as normal. Magnetic resonance imaging (MRI) and magnetic resonance angiography (MRA) revealed a left Internal Carotid Artery Dissection. The patient was started on oral anticoagulants. Spontaneous resolution occurred three months later was confirmed with repeat MR Angiogram.

Biography
Muhammad Nauman Amin completed his MBBS in 2011. He is currently working as medicine trainee in United Kingdom and has completed his MRCP in 2015.