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Pelvic girdle myopathy caused by isotretinoin: Case report and discussion of pathophysiology

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Introduction: Isotretinoin is the mainstay therapy for severe and nodulocystic acne. Myalgia and muscle stiffness have been reported in 16-51% of patients treated with isotretinoin, while elevated serum creatine kinase (CK) levels have been found in up to 41%. In this paper, we report, for the first time, the occurrence of pelvic girdle myopathy in a teen who received isotretinoin therapy.

Methods: This was a case study conducted at King Khalid Hospital.

Results: Histopathology and other laboratory data were consistent with an inflammatory myopathy based on a vasculitic process. **Conclusion:** Our data indicate that the myopathy caused by isotretinoin is an inflammatory process based on vasculitis, resulting in ischemic muscle necrosis.

Biography

Muhammad Umair Khan is a 4th year medical student at Dow University of Health Sciences, Karachi, Pakistan. He is also working as a Research Associate at King Khalid Hospital, Hail, Saudi Arabia.

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