

International conference on

# CANNABIS AND MEDICINAL RESEARCH

November 15-16, 2018 Osaka, Japan

## Harm reduction approach: Recovery with the assistance of cannabinoid therapies

**Ana Isabel Izquierdo**

The Cannabis Diversity Council and Alliances, Denver

A harm reduction approach to addiction is not a new concept or relevantly new terms. To take harm reduction approach means to analyze the process of resolving a problem. In this case, the harm reduction approach is one related to the saving of lives. According to the National Survey on Drugs Use and Health (NSDUH) 21.5 million Americans (age 12 and older) battled a substance use disorder in 2014. 80% of those individuals were battling alcohol use disorder and 7 million Americans, 2014 battled a drug use disorder. 1 out of every 8 individuals suffering from a drug disorder, in 2014 were suffering from both substance and alcohol abuse. The topic of "harm reduction" takes the approach of "substitution" instead of "standard recovery" and allows that we gain a revolutionary way to obtain success in "final recovery" of habitual addiction. In analyzing the success rate of standard rehabilitation AL facility treatment, we realize the rates give room for alternative therapies to be sought out. Cannabis is one of those alternative methods that bring hope to finally having a progressive repair to the epidemic. This will aid in repairing the relapse rate. Relapse rates for addiction resemble those of other chronic diseases such as diabetes, hypertension and asthma. This presentation is written, delivered and provided from the perspective, research and experiences of a recovered addict and cannabis industry leader With the support of her husband and children, Her ultimate goal is to have medical professionals comes together and finally say, "It's worth looking into".

CannabisDiversityCouncil@gmail.com

Notes: