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## Alzheimer's-demands and complaints of caregivers in Latinoamerica

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### About Alzheimer's

As it is already well known by for almost every people, Alzheimer's is one of the most terrible diseases we can face, as it destroys not only the person who suffering this condition.

### What we see in Latin American countries

What we see in Latin American countries, is the same. In each and every country the drama that the families live is the same. A world that is collapsing with us and we do not know how to confront or stop it.

### Family demands and complaints...

While facing this problem where tears, physical, economic, social and emotional factors are involved, family demands and complaints arise every day and everywhere. Here are some of their demands. The complaints are against: Misunderstanding of the family, the illness, doctors, nurses, nursing homes and Day Care Centres

### Things to do:

There are many things to do, but more than to do merely proposals, actions are quite necessary. We need to reinforce the following points to recognize Alzheimer's disease and other dementias a global priority, following these principles proposed by ADI:

1. Promote awareness and the knowledge of the disease.
2. Respect human rights people who have it.
3. Recognizing the critical role family members and caregivers.
4. Providing access to care social health.
5. Emphasize the importance of an optimal treatment after the diagnosis.
6. Take steps to prevent disease, through improvements public health=.

### Biography

Federico Ortiz-Moreno is a social psychologist from the Universidad de Monterrey, Mexico. He had his father and other six close relatives with Alzheimer's and dementia problems. He was one of the founders of the Alzheimer's Association in Monterrey and also former Chairman of the Mexican Alzheimer Federation. He has published more than 250 articles on this subject (Dementia and Alzheimer's). He was former member of the Committee of Governance Alzheimer's Disease International (ADI) 2008-2010. Federico is also a journalist and a writer and has given lectures in more than 25 countries.

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