

23rd International Conference on **Neurology & Neurophysiology**
&
24th International Conference on **Neurosurgery and Neuroscience**
March 18-19, 2019 Edinburgh, Scotland

Do we really choose our spine surgeon?

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Introduction: Cervical spine surgery is one of the most common regions requiring health care. The management could be surgical or conservative, but the most accurate part of the job remains the trust between the surgeon and his patient.

Methods: After the release of the article “anterior cervical corpectomy and the operating team: a controversy?” the issues regarding the cervical spine start revealing themselves. Despite that fact, the patients were never asked how they feel about the spine surgeon – neurosurgeons, orthopedics or just spine surgeons. And because of that, we asked them.

Results: The outcome of this “interview” reveal an interesting fact, regarding this trust, suggesting that the choice of the surgeon is never made by the participants. The brain function responsible for this seems to be misguided by many other external factors, including self-promoting, education and fear.

Conclusion: Democracy cannot succeed unless those who express their choice are prepared to choose wisely. The real safeguard of democracy, therefore, is education.” – FD. Roosevelt. As it is the case of the choice of spine surgeon.

Biography

Nikova Aleksandrina Sasheva is a neurosurgical resident at Metaxa Cancer Hospital, Athens Greece. She is the mentor of fundamental neuroscience for neuroimaging by Johns Hopkins. She is mentor of social psychology for Wesleyan university and member of the medical association of Greece and Switzerland.

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