

31ST CLINICAL NEUROSCIENCE AND NEUROGENETICS CONFERENCE: MOBILIZING NEURONS TO REHABILITATE

August 13-14, 2018 Dubai, UAE



Ayesha Aslam

Muslim Mental Health, Islamic Counselling Services, UK

The connection between neuroscience, mental health and Islam

Biography

Ayesha is the Director and Founder of Sakoon Counselling Services. She is a Clinical Supervisor, BACP Accredited Integrative Psychotherapist, Psychologist and an Islamic counsellor. She has over 15 years of experience working with diverse issues from counselling to more severe psychological issues. She has been a keynote speaker at various conferences, recent one includes Training Muslim Chaplains and Imams in the UK. Has published articles in various magazines, provided workshops to organisations and appeared on radio/TV channels providing support and advice on key issues and not afraid to challenged Taboos. Ayesha a pioneer, a first in her field that set up Sakoon to address a need in the Muslim community which was to have access to a professional counselling service that would not compromise their faith. Today Sakoon has 10 counsellors, 3 trainers, delivers accredited courses and works with clients as far as Phoenix Arizona and Australia. A first for the UK Ayesha Aslam has joined up with BIMA (British Islamic Medical Association) where she is a keynote speaker for Mental Health and Hajj Webinar, this will be going out live across the world.

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