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Khashayar Pazooki

Neuroacademy Luxembourg & Traumainstitut Luxembourg, Luxembourg

QEEG and ERP measurements combined with other psychometric instruments into an innovative model for individualized and personalized medicinal use in the treatment of psychological and psychiatric disorders

Treatment success and positive outcomes are very important goals in clinical work. This research study shows significant positive changes in treatment outcomes of a group of participants (n=9, average age:38-66 years). The application of this multimodal and innovative approach makes it possible to obtain very detailed differential diagnostic data and allow for the individualization and personalization of the therapeutic planning for the patients. This model provides an overview of dysfunctional correlations in respect of neurophysiological, neurobiological, peripheral and psychological functions that can be regulated with the Multi Modal Treatment (MMT) approach in a more efficient and effective manner.

Biography

Specialized in neuro biology, neurophyschology, clinical psychotherapy sciences and neurocognitive sciences. Head of research department at Group Psylux. S.A (www.psylux.eu), member of the scientific committee of AVM-Luxembourg, head of Traumainstitut Luxembourg (www.traumainstitut.lu) and neuroacademy Luxembourg (www.neuroacademy.lu), lecturer at different institutes such as AAP-Wien, MSK-Cario, Keyspeaker at World Food Programme (WFP) in Madrid, guest lecturer at Sigmund Freud Private University in Vienna.

info@neuroacademy.lu

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