



Trends in Modern Cosmetic Surgery

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Abstract:

Cosmetic surgery is described as any procedure or surgery in which the principal purpose is to maintain the beauty by improving the appearance. The objective of the study to evaluate the trends in the public with modern cosmetic surgery procedures whether surgical or non surgical scarless, minimal anesthesia, ambulatory, day case, minimum possible complication, maximum satisfaction level, long lasting results and improve the psychology of the patient.

Material and Methods;

In this study of 5 years including all the surgical and non surgical cosmetic surgery procedures 2311 performed in Faisal Hospital, Faisalabad from Jan 2014 to Dec 2018. The non surgical office based procedures 1948 (84.29%) includes antiwrinkle injections (botox, dermal fillers), platelet rich plasma (PRP) for hair & face, photoepilation (LASER & IPL), chemical peel, fat transfer and others.

The surgical procedures divided into two main categories; facial cosmetic surgery procedures 256 (11.07 %) and body contouring procedures 107 (4.6%).

Results;

The total number of patients 2311 were included in this study. There were 670 (29%) male and 1641 (71%) female patients in this study with the age range from 17 years to 70 years. The results achieved with these innovatively modern techniques are highly satisfactory in the range of 80 - 100% by using visual analogue scoring system.

Conclusion;

Majority of the procedures performed in this study were non surgical - office based cosmetic surgical procedures and were mainly on the face. Facial cosmetic procedures are the most commonly performed procedures whether



surgical or non surgical. This study corroborate evidence that the trend is changing from surgical cosmetic procedures to non surgical cosmetic procedures.

Biography:

Dr. Munir Alam practices as a Plastic Surgeon at Faisal Hospital (Faisalabad) and charges 3000 respectively. He is a very competent doctor who offers a number of services such as General Plastic Surgery, Cosmetic surgery, Hand and Microsurgery, Anti-Ageing Treatment, Advanced Facials Treatment, Filler injections, Breast Enhancement Care, Double Chin Treatment, Facelift / Rhytidectomy Procedure, Treatment for Cleft Lip And Palate, Tattoo Removal Procedure, Platelet Rich Plasma Treatment, Nose Reshaping procedure, Hair Regrowth Procedure, Buttock Lift Procedure, Reconstructive Surgery, Skin Laser Treatment, Fat Injections, Hair Fall Treatment, Abdominoplasty (Tummy Tuck), Breast Augmentation, Female Breast Reduction, Inverted Nipple Correction, Buttock Lift, Underarm Sweating, VASER Liposelection, Anti Wrinkle Injections, Laser, Chemical Peel, Eye Rejuvenation, Prominent Ear Correction, Ear, Eye , Face , Nose & Belly Beautification, Ladies Breast developing and firming, Gents Chest Reduction, PRP, Cure of head and Neck cancer and reproduction of body parts Paralysis, By Birth Cut Lip and Roof, Crookedness of hands, Cure of Birth Fault in Hand, Cure of Rasouli and Trauma (Plastic Surgery due to accident) etc.

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