



## Traditional chinese medicine in the treatment of gastroesophageal reflux in newborns

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### Abstract:

**Introduction:** Gastroesophageal reflux (GER) is common in the pediatric population. Most cases represent physiologic GER and as the lower esophageal sphincter (LES) matures and a solid diet is introduced, many of these patients (>65%) experience spontaneous resolution of symptoms by two years of age. Those who continue to have symptoms and develop complications such as failure to thrive, secondary respiratory disease, and others are classified as having gastroesophageal reflux disease.

**Purpose of this stud:** To demonstrate that gastroesophageal reflux can be controlled quickly with auricular acupuncture in a new born baby without the necessity of using any kind of medications. **Methods:** a case report of a new born baby girl, with symptoms of vomiting constantly after days of birth. The parents were very worried about this situation because the baby was losing weight and cannot breastfeed adequately. The Chinese medicine 's doctor only did one session of auricular acupuncture in the right ear of the patient using mustard seeds.

**Results:** with only one session, the baby can feed adequately and don 't want to intake any other medications to control this symptom of gastroesophageal reflux.

**Conclusion:** the conclusion of this study is that gastroesophageal reflux can be treated using Chinese medicine 's tools such as auricular acupuncture in a new born baby and the adequate orientations of this patient parents regarding the exposition of the external pathogenic factor and what the mother of the baby need to eat, is an important tool to control this symptom



### Biography:

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she works with the approach and treatment of all diseases in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates.

### Publication of speakers:

1. Huang Wei Ling. "Could Postsurgical Nosocomial Cellulitis be Treated without the Use of Antibiotics?". *Acta Scientific Microbiology* 1.9 (2018); 24-31.
2. Huang Wei Ling. "Why do Patients Still Catch Hospital Infections Despite the Practice of Infection Prevention and Control Programs?". *Acta Scientific Microbiology* 1.4 (2018); 34-43.

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