



## The Introduction of the Open Dialogue Approach Into Daily Practice of Psychiatry, Especially Focusing on the Role of So Trained Nurses

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### Abstract:

The Open Dialogue Approach is both a community-based and social network-oriented treatment system offered to persons in psychic crises and their families, which follows certain guidelines as e.g. immediate help, which is given in a flexible and mobile way, and a special therapeutic attitude with a way of communication with the patients and their families. The essential elements of this communication have to be trained, which may take place as an in house-training or within a series of workshops visited by members of different institutions. Though these training groups are usually multiprofessionally composed, so that participants of different backgrounds learn together, the importance of considering psychiatric nurses in these trainings has to be pointed out: as one of the characteristics of the ODA consists of its non-hierarchical attitude, so trained nurses usually enjoy an improved position in their team, respectively in the contact with patients and their families, experiencing themselves as more competent and interested in the contexts of crises. This process will be illustrated by the example of the feedback to a questioning carried out with psychiatric nurses after an in house-training in a psychiatric hospital in Berlin.

### Biography:

After graduation from medical studies at the University Of Hamburg, Germany in 1983 I began an internship at the Psychiatric Department of the University Hospital in Hamburg, which included a training in CBT.

In 1988 I continued my specialization in the department of Neurology and Psychiatry at the General Hospital in Berlin-Moabit, where I was engaged in teaching psychiatric topics to young nurses. After completion of my internship in 1992. I applied as a certified psychiatrist and psychotherapist for the position as a senior psychiatrist



at the Klinikum Am Urban in Berlin-Kreuzberg, where I focused my work on the themes of addiction and personality disorders.

### Recent Publications:

1. Do Organisational Circumstances in the Birth Ward Influence Perinatal Outcome? A Retrospective Analysis of Over 43.000 Deliveries Author(s): Florian Ebner\*, Marie Tzschaschel, Nikolaus De Gregorio, Amelie De Gregorio, Juliane Schütze, Miriam Deniz, Wolfgang Janni and Sabine Schütze
2. The three-way relationship of polymorphisms of porcine genes encoding terminal complement components, their differential expression, and health-related phenotypes. K. Wimmers, D. V. A. Khoa, Sabine Schütze, E. Muráni, S. Ponsuksili. Biology, Medicine, BMC proceedings, 2011 (First Publication: 3 June 2011)
3. The three-way relationship of polymorphisms of porcine genes encoding terminal complement components, their differential expression, and health-related phenotypes. PMID: 21645298 PMCID: PMC3108213 DOI: 10.1186/1753-6561-5-S4-S19

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