

## The decision-making process in orthodontics: To extract or not to extract?

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### Abstract

The major consideration in this important decision relates to management of crowding/ protrusion and the possibility of camouflage for skeletal problems. Crowding/Protrusion. If a patient presents with severe crowding, extremely procumbent maxillary and mandibular incisors, marked facial convexity and severe lip protrusion, it should be obvious that removing premolars to alleviate crowding and to allow for the retraction of anterior teeth is the best strategy for solving the problem. Unfortunately, most patients do not present such a clear-cut choice. It is for this reason the extraction versus expansion debate has raged in orthodontics for more than 100 years. To better understand the grounds for the debate, we must consider the pros and cons of dental arch expansion.

### Biography:

Omar El Bayoumy is the Founder of International Orthodontic Academy. He has completed his BDS from Mansoura University, Egypt, MSc in Orthodontics from Donau University, Austria and PhD in Orthodontics from Pennsylvania University, USA. He is a member of International Board of Orthodontics and Implantology, Taiwan and European Orthodontic Society..

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