

Teeth Whitening

Karla Rosales

Private Practice, Mexico

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Abstract

What you should know before opting for this treatment with those sounds that come out in advertising before you must first take into account and if you are looking for an effective result you should go to a professional. The main thing is that your dentist must examine you and make a diagnosis, since to enhance a dental whitening safely, your mouth must be completely healthy, free of decay and without gum pockets. It is also important that you know that the products that are sold in the drugs can not exceed 0.1% of hydrogen peroxide (the main substance involved in the bleach should not use more than what is prescribed in the product apply it for more time to get the desired effect because that solb can bring you harmful consequences such as damaging enamel problems in the enamel and dental sensitivity. Be careful with the products that are offered by television and social networks con resuta two "amazing waste then the homemade way, and taken the decision to go to a specialist " The first thing you should know is that the professional should analyze your case and define the appropriate chemical compound and individually the dose and form of application . Not only is it the best treatment for whitening the surface of the teeth, but it is also safe and comfortable. How long is the result of tooth whitening? Nothing is forever, teeth whitening can last from one to three years, everything will depend on your habits of hygiene and if you are assiduous coffee , the wine or if you smoke repeat the proper treatment or a apply that tempo.

Biography:

Karla Rosales is a Dental surgeon from the Autonomous University of the State of Mexico (UAEM). Master in management in health services (UVM). She has more than 7 years of experience. And worked as a Medical Director in a private company. For several years, she has managed projects in different fields of dentistry, such as dental rehabilitation and aesthetics in private and public companies. She organized "weeks of health" where preventive talks are held to the community, Mexico. She is currently a founder and CEO of the dental clinic "Soluciones Dentales RR" in MEXICO, since 2 years ago..

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