

# Staff's training for who comes into contact with cytotoxic drugs

## Yosef Samara

Department of chief Pharmacist, Cytotoxicity Unit, Tel aviv Sourasky Medical Center, Israel

#### Abstract:

The workplace exposure to dangerous drugs and the resulting health risks for healthcare personnel have been well known and documented for over four decades, since it first became a recognized safety risk in the United States in the 1970s. Nowadays, the challenge of protecting workers persists and is expanding, for a number of reasons. Firstly, the incident rate of cancer is steadily increasing and, in turn, the use of cytotoxic drugs used to treat cancers is growing, amplifying the exposure to healthcare professionals. Firstly, the incident rate of cancer is steadily increasing and, in turn, the use of cytotoxic drugs used to treat cancers is growing, amplifying the exposure to healthcare professionals. Secondly, the number and variety of healthcare workers potentially exposed to cytotoxic drugs is on the rise (e.g. Professionals in immunology, rheumatology, nephrology and dermatology) because of the rapidly expanding use of these agents in non-oncology practices for treating non-malignant diseases. Thirdly, recent studies have demonstrated a persistence of drug contamination on surfaces even though guidelines and recommendations for the safe handling of cytotoxic drugs have been issued and implemented to minimize the risk of occupational exposure. Moreover, contamination has been detected on work surfaces after recognized cleaning procedures are concluded. Cytotoxic drugs require individual manipulation for each patient prior to being administered as infusions or bolus injections. Healthcare workers who handle cytotoxic drugs are at potential risk from exposure when control measures are inadequate. Studies have shown that the risk of exposure to them in the working environment is commonplace despite safety policy improvements and even with recommended precautions in place. It is noteworthy that healthcare workers may be exposed to small doses of a broad range of cytotoxic drugs over decades, with some workers being ex-



posed every workday, year after year. Nurses, pharmacists and pharmacy technicians have the highest risk of being potentially exposed Other healthcare, workers, involved in cleaning, transport, laundry and waste disposal of hazardous drugs or contaminated material, are also at risk.

## Biography:

Yosef Samara is the current Director of Oncology Pharmacy Services Tel Aviv Sourasky Medical Center, Israel. He has completed his PhD from University of Petra, Jordan in 2000.

#### Publication of speakers:

- 1. Browman GP, Levine MN, Mohide EA, et al. The practice guidelines development cycle: a conceptual tool for practice guidelines development and implementation. J Clin Oncol. 1995;13:502–12
- 2. Browman GP, Newman TE, Mohide EA, et al. Progress of clinical oncology guidelines development using the practice guidelines development cycle: the role of practitioner feedback. J Clin Oncol. 1998;16:1226–31.
- Association paritaire pour la santé et la sécurité du travail du secteur affaires sociales (ASSTSAS), Working Committee on the Safe Handling of Hazardous Drugs. Prevention Guide: Safe Handling of Hazardous Drugs. Montreal, QC: ASSTSAS; 2008.
- United States, Department of Health and Human Services, Centers for Disease Control and Prevention (CDC), National Institute for Occupational Health and Safety. Atlanta, GA: CDC; 2014.

## Neurosurgery Webinar | October 28, 2020 | London, UK

Citation: Yosef Samara; Staff's training for who comes into contact with cytotoxic drugs; Neurosurgery Webinar 2020; October 28, 2020; London, UK