

Signaling Pathways: Biology, Disease, Therapies

David Kim

Department of Molecular Cell Biology, Seoul National University, Seoul, South Korea

Corresponding Authors*

David Kim
Department of Molecular Cell Biology, Seoul National University, Seoul,
South Korea
E-mail: david.kim@snu.ac.kr

Copyright: 2025 David Kim. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Received: 01-Jul-2025; **Accepted:** 08-Aug-2025; **Published:** 08-Aug-2025

Introduction

This review delves into the complex interplay between intracellular signaling pathways and epigenetic regulation, highlighting how these two fundamental biological processes dynamically influence each other to control gene expression and cellular function. It explores the mechanisms by which signals from the cell's environment are transduced to impact chromatin structure and DNA methylation, ultimately shaping cellular identity and responses in both health and disease [1].

This article provides a comprehensive overview of Wnt signaling in cancer, discussing its multifaceted roles in tumor initiation, progression, and metastasis. It details the pathogenic mechanisms by which dysregulated Wnt pathways contribute to various malignancies and explores current and emerging therapeutic strategies targeting this critical signaling cascade, including small molecule inhibitors and biological therapies [2].

This review sheds light on the diverse and crucial roles of Notch signaling, a highly conserved pathway, across various developmental processes and in the pathogenesis of numerous diseases. It covers the basic mechanisms of Notch activation and signaling, and then explores its involvement in cell fate determination, tissue patterning, and its implications in cancer, neurodegeneration, and immune disorders [3].

The article provides an in-depth look at how Cryo-Electron Microscopy (Cryo-EM) has revolutionized our understanding of G Protein-Coupled Receptor (GPCR) signaling. It discusses recent structural advances that reveal the intricate mechanisms of GPCR activation, G protein coupling, and downstream effector recruitment, offering unprecedented insights into the dynamic nature of these crucial cell surface receptors and their drug discovery potential [4].

This comprehensive review explores the fundamental mechanisms of cy-

tokine signaling within immune cells, emphasizing how these signaling pathways dictate immune responses and contribute to both protective immunity and immunopathology. It also discusses the therapeutic implications of modulating cytokine signaling for various inflammatory and autoimmune diseases, as well as cancer [5].

This article highlights the critical importance of the MAPK pathway as a central regulator of diverse cellular functions, including proliferation, differentiation, stress response, and apoptosis. It details the molecular components and activation mechanisms of the MAPK cascades and underscores their dysregulation in various diseases, positioning them as promising therapeutic targets for precision medicine [6].

The paper explores the pivotal role of calcium signaling in the brain and its intricate involvement in the pathology of various neurological disorders. It discusses the latest advancements in understanding how dysregulated calcium homeostasis contributes to conditions like Alzheimer's Disease, Parkinson's Disease, and stroke, also pointing to emerging therapeutic opportunities that target specific calcium channels and signaling components [7].

This article offers a comprehensive review of the Transforming Growth Factor-Beta (TGF- β) signaling pathway, a crucial regulator of cell growth, differentiation, and extracellular matrix production, with a particular focus on its pro-fibrotic roles. It elucidates the molecular mechanisms by which TGF- β contributes to fibrosis in various organs, identifies potential therapeutic targets, and discusses the challenges in developing effective anti-fibrotic strategies [8].

This review article explores the cGAS-STING pathway, a critical component of the innate immune system responsible for sensing cytosolic DNA and initiating robust inflammatory and antiviral responses. It discusses the molecular mechanisms of pathway activation, its crucial roles in host defense, and its emerging implications in inflammatory diseases, autoimmune disorders, and cancer, highlighting its potential as a therapeutic target [9].

This article examines the complex and often contradictory roles of autophagy in cancer, describing it as a 'double-edged sword'. It elaborates on how autophagy can suppress tumor initiation by removing damaged organelles and proteins, yet simultaneously promote tumor growth, survival, and resistance to therapy in established cancers, making it a challenging but intriguing target for cancer therapeutics [10].

Description

The complex interplay between intracellular signaling pathways and epigenetic regulation fundamentally influences gene expression and cellular function, with signals from the cell's environment impacting chromatin structure and DNA methylation to shape cellular identity [1]. Advances in techniques such as Cryo-Electron Microscopy (Cryo-EM) have signifi-

cantly enhanced our understanding of G Protein-Coupled Receptor (GPCR) signaling, revealing intricate mechanisms of activation, G protein coupling, and effector recruitment, which hold substantial promise for drug discovery [4].

Wnt signaling pathways play multifaceted roles in cancer, from tumor initiation to progression and metastasis, and their dysregulation is a key pathogenic mechanism across various malignancies, driving the exploration of targeted therapeutic strategies [2]. Similarly, Notch signaling, a highly conserved pathway, is crucial for diverse developmental processes and is deeply implicated in the pathogenesis of numerous diseases, including its roles in cell fate determination, tissue patterning, cancer, neurodegeneration, and immune disorders [3]. The MAPK pathway serves as a central regulator for essential cellular functions like proliferation, differentiation, stress response, and apoptosis, with its dysregulation in diseases making it an important therapeutic target for precision medicine [6].

Cytokine signaling mechanisms within immune cells are fundamental to dictating immune responses, contributing to both protective immunity and immunopathology. Modulating these pathways offers significant therapeutic implications for inflammatory, autoimmune diseases, and cancer [5]. The cGAS-STING pathway is another critical component of the innate immune system, recognizing cytosolic DNA to initiate robust inflammatory and antiviral responses. Its activation mechanisms and crucial roles in host defense are significant, with emerging implications in inflammatory diseases, autoimmune disorders, and cancer, marking it as a potent therapeutic target [9].

Calcium signaling is pivotal in brain function, and its dysregulation is intricately linked to the pathology of neurological disorders such as Alzheimer's Disease, Parkinson's Disease, and stroke, presenting new therapeutic opportunities by targeting specific calcium channels and signaling components [7]. The Transforming Growth Factor-Beta (TGF- β) signaling pathway is a crucial regulator of cell growth, differentiation, and extracellular matrix production, particularly noted for its pro-fibrotic roles. Understanding its molecular mechanisms in various organs is essential for identifying therapeutic targets and overcoming challenges in anti-fibrotic strategy development [8].

Autophagy presents a complex, often contradictory role in cancer, acting as a 'double-edged sword'. While it can suppress tumor initiation by clearing damaged cellular components, it simultaneously promotes the growth, survival, and resistance to therapy of established cancers. This dual functionality makes autophagy a challenging yet intriguing target for developing new cancer therapeutics [10].

Conclusion

This collection of articles explores the intricate world of cellular signaling pathways, their fundamental biological roles, and their profound implications in disease. Research highlights the dynamic interplay between intracellular signaling and epigenetic regulation, influencing gene expres-

sion and cellular identity. Various specific pathways are detailed, including Wnt signaling, critical for tumor initiation and progression, and Notch signaling, which governs developmental processes and is implicated in cancer, neurodegeneration, and immune disorders. Advanced techniques like Cryo-Electron Microscopy (Cryo-EM) offer unprecedented insights into G Protein-Coupled Receptor (GPCR) activation, revealing mechanisms vital for drug discovery. The importance of cytokine signaling in immune responses, immunopathology, and as a therapeutic target in inflammatory, autoimmune diseases, and cancer is emphasized. Similarly, the MAPK pathway acts as a central regulator of cellular functions, with its dysregulation making it a promising target for precision medicine. Calcium signaling plays a pivotal role in brain function and is implicated in neurological disorders such as Alzheimer's and Parkinson's diseases, presenting therapeutic opportunities. TGF-Beta signaling is reviewed for its crucial role in cell growth and differentiation, particularly its pro-fibrotic functions and therapeutic challenges. The cGAS-STING pathway, an innate immune system component, senses cytosolic DNA to trigger inflammatory and antiviral responses, with emerging roles in autoimmune diseases and cancer. Finally, autophagy's dual role in cancer, both suppressing and promoting tumor growth, positions it as a complex yet intriguing therapeutic target.

References

1. Hongyu Q, Mengyu W, Hongbo Y. The dynamic interplay between intracellular signaling and epigenetic regulation. *Signal Transduct Target Ther*. 2023;8:301.
2. Yu L, Mengxin A, Ming C. Wnt signaling in cancer: pathogenic mechanisms and therapeutic strategies. *Signal Transduct Target Ther*. 2022;7:388.
3. Xin L, Meng-Xin C, Ming-Guang W. The emerging roles of Notch signaling in development and disease. *Signal Transduct Target Ther*. 2021;6:419.
4. Yizhe Z, Xiaojun X, Jianwei Z. Insights into G protein-coupled receptor signaling from cryo-electron microscopy. *Cell Commun Signal*. 2024;22:115.
5. Chunyan W, Yulong L, Hongwei Z. Cytokine signaling in immune cells: mechanisms and therapeutic implications. *J Cell Mol Med*. 2020;24:13580-13594.
6. Qian L, Yuxiang Z, Yue M. The MAPK pathway: an essential regulator of cellular functions and a promising therapeutic target. *Signal Transduct Target Ther*. 2022;7:199.
7. Jie R, Ya-Li D, Zhi-Yong Z. Calcium signaling in neurological disorders: recent advances and therapeutic opportunities. *Signal Transduct Target Ther*. 2023;8:16.
8. Juan L, Mengdi G, Xiaoli L. TGF- β signaling in fibrosis: mechanisms, therapeutic targets, and challenges. *Signal Transduct Target Ther*. 2021;6:213.
9. Xin L, Chunmei W, Ming Z. The cGAS-STING pathway in inflammation and disease. *Cell Mol Immunol*. 2024;21:121-137.
10. Qiang Y, Yanping L, Ying L. Autophagy in cancer: a double-edged sword. *Clin Transl Oncol*. 2020;22:1279-1292.