Risk Factors for Dementia and Cognitive Impairments

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Abstract

Dementia is a neurogenerative disorder characterized by progressive and continuous loss of cognitive functions. The neuropsychiatric symptoms include apathy; agitation and depression. As the disorder progresses, the patient gradually becomes dependent on theirs to perform routine daily activities. Various underlying diseases or disorders are the root cause of the syndrome of dementia. Each of these disorder or disease is characterized by a specific signs and symptoms in combination with a presumed underlying neuropathology. Alzheimer's disease is the most prevalent cause of dementia. The second most prevalent cause in vascular dementia. In this review, the clinical types, pathophysiology and pharmacotherapy is summarized.

Dementia is a general term for any disorder in which there is progressive loss of higher cortical functions. These higher functions include memory, language production and understanding, executive or frontal lob function e.g. planning and judgment.

Diagnosis of Dementia: To diagnosis of dementia, doctors first asses whether an individual has an underlying treatable condition such as abnormal thyroid function, vitamin deficiency or normal, pressure hydrocephalus that may related to cognitive difficulties. Early detection of symptoms is important, as some cause can be treated. In many causes, the specific type of dementia may not be confirmed until after the person has died and the brain is examined.

Biography:

Bajrangi Yadav is an Assistant professor of Psychology, he started a career at Kamala Nehru Institute Sultanpur, India.

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