

Restoring “Sukhayu” in patients of genetic disorder viz. Sickle cell anemia by Ayurveda

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Abstract

Sickle cell anaemia is a debilitating disease having a significant deteriorating effect on quality of life of the victim. It is very common in some tribes of Gujarat state, India. Most of these tribes are the native of inland. Being a genetic disorder it can't be cured but Ayurved can help in improving the quality of life of the sufferers. The study was initiated with the above purpose. Students of a school, especially opened for tribal children were approached. A total of 41 students were included in the study and given a combination of Ayurved drugs keeping Ayurvedic guidelines in mind. The duration of treatment was 6 months. Symptoms were noted keeping both Ayurved and contemporary medicine in mind and calibrated for objective purpose. The

results obtained were quiet satisfactory and would be discussed in full paper.

Biography

Dr Sudhir V Joshi has done Masters in Ayurved from highly esteemed Institute of Post graduate Training and Research- Jamnagar, his speciality being Bhaishajya Kalpana. Presently he is District Ayurved Officer at Vadodara, Gujarat state, India. He had presented research paper in World Ayurved Congress - Ahmedabad in December 2018. He has published following research articles Treatment of malnourished children by Ayurvedic principles w.s.r. to Charkokta dashemani A pilot study to evaluate the efficacy of a selected module for Vaatkantak with special reference to Agnikarma Both these have been published in Journal of Conventional Knowledge and Holistic Health.

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