

# Psychotherapeutic Considerations: Cerebral Behavior Against Grief As Psychopharmacological Support In Adulthood

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## Abstract

The psychotherapeutic considerations: brain behavior against grief as psychopharmacological support in adulthood, is a research proposal that involves scientific methods within the psychotherapeutic dispositions that currently are developed in front of patients who experience pathologies related to the different experiences that from the grief can develop a subject; this is how the present work tries to determine the organization of individualized psychological and psychopharmacological therapy (Psychiatry) based on the results that exposes the brain activity of a subject and sustained by the neuronal disconnections suffered by an individual suffering a stage of grief, developing pathologies such as: depression, anxiety, stress and even reach suicide. Similarly, it is intended to demonstrate and raise awareness that the changing brain activity of those who suffer a grief should be treated psychopharmacologically distinct, individualized and with clinical supports that contribute to improving the quality of life that a patient experiences during this stage.

## Biography:

Jose Antonio Gómez Rodríguez is a graduate in Psychopedagogy from the Universidad del Atlántico in Colombia, he developed a Master's degree in Human and Multidisciplinary Behavior at the University of Buffalo, USA. He studied doctoral studies in social research at the Catholic University of Argentina and the I.S.A. of Havana - Cuba. He currently develops studies and research in psychology at the National Open and Distance University of Colombia being the founder of the research group NeuroUnad2000 that specializes in the search of experimental psychotherapeutic processes related to neurosciences.