

## Preventing and possibly reversing Dementia & Alzheimer's using Thermotherapy & Vibroacoustic Therapy in 12 subjects over 3 months.

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### Abstract

The Objective of this study is to find the possibility of the use of both Thermotherapy [Hyperthermia][Heat Therapy] and Vibroacoustic therapy [Vibration + Sound] to prevent and possibly reverse chronic neurological conditions like Dementia and Alzheimer's Disease in 12 subjects over 3 months using Pre/Post Biofeedback Testing, Oximeter, Wellness IQ Questionnaire [www.academyofwellness.com] and CBC blood test results including HBA1C. Overall Results were positive suggesting possible prevention and reversal of Dementia & Alzheimer's using Thermotherapy and Vibroacoustic Therapy. .

### Biography:

George Grant, Ph.D., is known as The Caring Prof. He is considered the Canadian authority in Biofeedback, Nutrition, Stress and The Global Wellness Ambassador.

He pioneered the research on Beta Endorphins; organized and presented at the International Pain Conference in Chicago, IL., 2015; with Mayo Clinic, Cleveland Clinic, and Johns Hopkins & Harvard. He has helped several fortune 500 companies worldwide; non-profit organizations; and top Olympic Athletes. Prof. George Grant believes that Prevention is better than Intervention, Self Care is better than Crisis Care and Meditation is better than Medications. We care, serve and educate NOT medicate, operate, radiate nor vaccinate.

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