



Occupational Asthma Severity among Flour Mill Workers and Adherence to Preventive Guidelines

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Abstract:

Invasive ductal carcinoma (idc), includes about 80% of all breast cancers. According to the American Cancer Society, more than 180,000 women in the USA, find out they have invasive breast cancer each year. About 2/3 of women are 55 or older when they are diagnosed. Radiation is a proven cause of breast cancer, and some studies link breast cancer with heredity, dietary choices, obesity, passive cigarette smoking and hormones. The best way to fight breast cancer is through early detection and dietary correction. The patient was a 46 year old teacher with a diagnosis of breast cancer in 2005 based on physical examination, pathological sampling and nuclear scanning. She was so much exhausted that could not even sit and walk. A physiotherapist was asked by the author to visit her at home. She was also given dietary advice to add veggies and fruits. She was referred to the best known oncologist for chemotherapy who thereafter referred her for cobalt radiotherapy. After 4 years, she was seen by the author in 2009. Her case was taken, and homeopathic Carcinosinum was prescribed. After a month she started feeling more energetic. Six years after the diagnosis of breast cancer, the patient felt well, worked at home, and helped her children to study, in the year 2011. Her children took Carcinosinum as a preventive measure. While some colleagues predicted 6 months survival for the patient, the author helped her with a 96 months survival rate.



Biography

Marwa Mamdouh Shaban is a Lecturer in Community Health Nursing Department, Faculty of Nursing, Cairo University. Doctorate degree "Ph.D." in community health nursing department, Faculty of Nursing, Cairo University, Thesis Title: Effect of control-based management strategy on occupational asthma among flour mill workers. I am a Reviewer in the Journal of Scientific Research and Reports. My publication list available at my CU Scholar:http://scholar.cu.edu.eg/marwa_mamdouh.

Publication of speakers:

1. Ahmed N, Nejad A. Exposure to Inhalable Flour Dust and Respiratory Symptoms of Workers in a Flour Mill in Cairo. *J Occup Health*, 2013; 2, (3): 50-55.
2. El-Gewily M, El-Husseini M, Beshir S, El-Serougi S, Hafez S, El-Hamshary M. Diagnosis of Occupational Asthma in Flour Mills at South Cairo. *EJCM*, 2018; 36, (1): 95-103.

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