



“Normal-Pressure Hydrocephalus: Past, present and future management and the relevance of new insight of Neuropsychology assessment for measure of the cognitive-behavioral sequelae”

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Abstract:

Normal Pressure Hydrocephalus (NPH) is a neurological disorder characterized by normal or mildly elevated intracranial pressure. The disease was first described by Hakim and Adams in 1965. NPH is a potentially reversible syndrome characterized clinically by enlarged cerebral ventricles (ventriculomegaly), cognitive impairment, gait apraxia and urinary incontinence. Distinguishing NPH from other neurodegenerative disorders such as Alzheimer's disease and vascular dementia is challenging. Therefore, it may be undiagnosed and inappropriately managed. Patients with NPH are treated surgically with placement of a ventricular-peritoneal shunt, subsequently most of them have shown clinical improvement in gait disturbance, bladder dysfunction and cognitive functions.

Biography:

Ergys Cuka is 24 years old and I study medicine in the University of Medicine Tirana. This is his final year before getting a Master's degree in medical science. Until now he has 2 scientific publications in ACTA International Open Library. Last 2 months he has been working as a volunteer in Albanian National Medical Emergency Center. Before his work as a volunteer he had worked as a



store manager past 2 years so he has good abilities working in group. Also he has taken part 2 times in The National Medicine & Dentistry Conference. In the international diabetes day on 14th November I organised a discussion in Sami Frasheri High School with students and teachers giving them information about the disease, risk factors, preventing diabetes and how can patients control glycaemia with physical activities and diet.

Recent Publications:

1. Ergys Cuka, Normal-Pressure Hydrocephalus: Past, Present and Future Management and the Relevance of New Insight of Neuropsychology Assessment for Measure of the Cognitive-Behavioral Sequelae, 2020

7th International conference on Medical and Nursing education, July 17, 2020, Vienna, Austria

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