



NEWS APPLICABLE METHODOLOGIES FOR RECOVERY OF THE RECUPERATOR – KINETICS AND HOMEOSINIARTRY IN THE RECOVERY OF STROKE PATIENTS

Dr. Agatha Elena Vasai, PhD

Expert in homeosiniatry, Specialist in acupuncture, homeopathy and integrative medicine, National Institute for Complementary and Alternative Medicine

Abstract:

The presentation aims to study the effects of the principles and methods of psycho-pedagogy and homeosiniatry in recovering a representative group of (118) patients who had a stroke in their history.

This therapy aims to eliminate the sequelae phenomena or reduce, as far as possible the disability, so the stroke patient, with all the “arsenal” of his deficiencies, can adapt to the demands of daily life.

The novelty of the idea of this theme is found in the fact that the human sciences today know an unprecedented development. Starting from the complex analysis of the problem of recovery of stroke patients by consecrated means (balneophysiotherapy, kinetotherapy, etc.), we find that they are insufficient. This fact requires the use of specific principles and methods in the field of psycho-pedagogy and homeosiniatry.

The article is based on a research on a group of 118 patients that we applied the principles and methods of psycho-pedagogy and homeosiniatry. This determined a better communication between doctor, therapist, psychologist and patient. In our research on stroke patients, we applied a complex program of psycho-pedagogical recovery, highlighting the suggestion and self-suggestion approach, both from the point of view of the relaxation mechanisms, being able to maintain the state of relaxation, as independent methods of self-regulation., as well as the experience of the effects of homeosiniatry in these cases.

Homeosiniatry can be described as a synthesis of acupuncture and homeopathy, based on the principle that homeopathic preparations have a complementary action with some points in acupuncture meridians. Current medicine rediscovers the huge therapeutic possibilities hidden in homeosiniatry, going along with the psy-



cho-pedagogical techniques in personalizing the specific treatment of the patient, making it more efficient in terms of improving the clinical symptoms, of the psychosomatic recovery, of the reintegration into the social life and of the reduction of costs health services for these patients.

Biography:

Dr Agatha-Elena Vasai is a Medicine Doctor at Medicine Concept Clinic, Bucharest, Romania. She is specialized in homeopathy, acupuncture, regulating medicine, integrative medicine. She has completed her PhD in Pediatric nephrology from University of Medicine and pharmacy, Iassy, Romania. She has master degree in psychology, and licensed in marketing and international business. She is the cofounder of Romanian Society of Acupuncture and Integrative Medicine.

Publication of speakers:

1. Dr Agatha Vasai HOMEOSINIARTRIE, EdituraPim 2015
2. Dr Agatha E Vasai, Homeopathy and Chinese Medicine is now physiological adjustment medicine, Bucharest 2016
3. Prof Dr Eugen R Caracas, Psycho-behavioral manifestations in traumatized subjects, Bucharest, 2012
4. Prof Dr Eugen R Caracas, Dr Agatha E Vasai, The efficiency of psychopedagogical methods and acupuncture in the recovery of hemiplegic patients, Bucharest 2019

17th Annual Congress on Wellness & Healthcare Informatics; May 18-19, 2020; Paris,France

Citation: Agatha Elena Vasai;News applicable methodologies for recovery of the recuperator –kinetics and homeosiniatry in the recovery of stroke patients; Euro Health-2020; May 18-19, 2020 ; Paris,France