



Many kind of alternative medicine variables can be proven scientifically with help of ECG and HRV algorithms

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Abstract:

Russian space center scientists called groups of Ayurveda and TCM masters to find common roots of these ancient disciplines. The result was finding, that all relevant health information can be measured from electrical activity of the heart. Russians programmed Vedapulse, which calculates ECG frequency spectrum and divides the spectrum into 3 parts: low, middle and high frequencies. The actual finding was, that these 3 parts correspond to 3 Ayurvedic doshas vata, pitta and kapha. This is how Ayurveda becomes commonplace and gets concrete medical scientific backup. Russians found out, that also TCM variables can be calculated from the same ECG with HRV algorithms. Russians went so far, that they claim even variables of many many kind of alternative medicine disciplines can also be calculated from ECG with HRV algorithms. What is my (Kari Nokela) role in this?? By some reasons Russians have not hold big noise about this clearly big scientific discovery. I am already a person living with pension and I have time to make noise about this finding.

Biography:

Kari Nokela has completed his FK degree at the age of 27



years from Kuopio University, Finland. At younger years he was specialized in medical electronics, but the last 30 years he has been dedicated to Ayurveda and Jyotish work. His Ayurveda training was a one month long Maharishi Ayurveda -based course.

Recent Publications:

1. Kari Nokela ,Open Access Emerg Med. 2019
2. Kari Nokela ,J Clin Pharm Ther. 2015
3. Kari Nokela ,Eur J Clin Pharmacol. 2010
4. Kari Nokela ,Mol Ther. 2007
5. Kari Nokela ,J Health Organ Manag. 2006

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