



Management of Festoons and Malar Bags

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Abstract:

Festoons and Malar Bags or Malar Mounds are puffiness below lower eyelids and above cheeks .

They are very common and plastic surgeons are hesitant to operate on them , because of lack of operative success and high rate of complications .

Method : In the last 11 years more than 100 patients had surgical correction of their festoons with great success and no major complications . Patients who are born with malar bags might need secondary procedures or off label use of Kybella injection to eliminate the localized fat that they had under the skin and over orbicularis muscle .

Results : All patients with festoons were corrected by lower blepharoplasty , release of retaining ligaments, mid facelift, canthopexy and orbicularis muscle suspension .

The redundancy of the skin in the lateral eyes were corrected by shot scar temporal lift .

Conclusion : Pathophysiology of acquired and congenital festoons are different and successful surgical treatment of acquired malar bags that we call them Festoons are done with excellent results and high patient satisfaction.

Biography:

Dr. Asaadi Is board certified in general surgery and plastic surgery who completed his post-doctoral training at Sloan Kettering Memorial Hospital in New York City, Southern Illinois University in Springfield, Illinois, Manhattan Eye, Ear and Throat Hospital in New York City and Saint Barnabas Medical Center in Livingston New Jersey, where he now serves as Chairman of the Plastic Surgery Department. Dr. Asaadi graduated from Medical School in 1973 at top 10% of his class. His work is published in several scientific reads including one of his own "Blepharoplasty, Surgical Treatments of Eyelids".



Dr. Asaadi specializes in the face, most importantly the eyes and nose. One of Dr. Asaadi's greatest works is shown through Festoons or "Malar Bags" he published a recent article that for the first time describes "Congenital Festoons or Malar Mounds", its etiology treatment. . His practice encompasses aesthetic plastic surgery.

Publication of speakers:

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2. Goldberg RA, McCann JD, Fiaschetti D, Ben Simon GJ. What causes eyelid bags? Analysis of 114 consecutive patients. *Plast Reconstr Surg.* 2005;115:1395-1404.
3. Hassanein AH, Mulliken JB, Fishman SJ, Greene AK. Evaluation of terminology for vascular anomalies in current literature. *Plast Reconstr Surg.* 2011;127:347-351.
4. Pessa JE, Garza JR. The malar septum: the anatomic basis of malar mounds and malar edema. *Aesthetic Surg J.* 1997;17:11-17.

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