





# Management of dental fluorosis: What about ceramic veneers?

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## Abstract:

Dental fluorosis is a dental enamel defect caused by excessive systemic use of fluoride during tooth development. Depending on the dental fluorosis severity, several options exist to minimize its unesthetic effect. Composite resins can be considered as an option for moderate to severe cases; But such restorations have limited longevity which compromises the long-term esthetic results. Laminate veneers are considered as most durable restorative option for moderate to severe cases thanks to their color stability, marginal integration and wear resistance. In fact, they can completely mask the discolored tooth with minimally invasive design preparation. In addition the advances of ceramic properties facilitate this process. In this presentation, we will discuss through clinical situation the challenging aspect of treating dental fluorosis with ceramic veneers.

## **Biography:**

Nissaf Daouahi is working in Department of Fixed Prosthodontics of University of Monastir, Tunisia. Her Research mainly focuses on implantology and prostho-



dontics. She acts a reviewer for many journals in the field of Dentistry and has published more than 10 articles in various journals.

#### Publication of speakers:

- 1. Nissaf Daouahi et al, Bonding of all ceramic restorations, Dentistry 5 (338), 2161-1122.1000338.
- 2. Nissaf Daouahi et al, Esthetic Rehabilitation with Zirconia Based Crowns, International Journal of Oral Health Dentistry 1 (1), 6-10.

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