We are very much delighted to mention all of you that we have completed our 2nd successful year in the arena of publishing and research on Health and Medical Research. Over the past 2 years we have spread our wings across the globe and have collaborated with many scholars, researchers and budding scientific community who has contributed to our growth and success. Our combined continuous efforts has received a tremendous response and attracted billions of readers across the globe. During the year 2019, all issues of volume 1 were published online well within the time and the print issues were also brought out and dispatched within 30 days of publishing the issue online. Journal of Health and Medical Research has published articles related to Internal Medicine, Pharmaceutical Sciences, Alternative Medicine, Medicinal Chemistry, Healthcare, Cancer Science, Neuroscience, Regenerative Medicine, Reproductive Health, Nursing, Immunology, Infection, Nutrition, Clinical Research, Medical Education, Medical Innovations Clinical Practice, Generic Medicines, Health Informatics, Health Services, Healthcare Delivery System, Healthcare Environment, Healthcare Organizations and Systems, Mid-Wife Practice, Nurse Practitioners, Nursing Care. Out of all the papers published Most of the papers were from United States of America, India and African sub-continents. Average publication lag time of an article was further reduced to 45 days. Health and Medical Research is an International peer reviewed, open access journal that provides wide range of knowledge on current on-going Medical and research for nurses and healthcare professionals who care for people with acute and chronic illness in emergency conditions. The journal creates a platform for the authors to contribute through their research and scholarly outputs. As prevalence of various health issues is increasing worldwide, it is imperative through research that we understand diverse risk factors, evaluate the efficacy of Health care and deduce the ideal care strategies. The editorial office promises peer reviewing of the submitted manuscripts to maintain quality. The journal aims to publish the most complete and reliable information on discoveries and current developments in the field of Health and Medical Research. Health and Medical Research publishes original research, review articles, case studies, editorials and clinical images of Nursing and healthcare. The journal also includes but does not limit to various fields of research upon Health care while providing care for Acute and Chronic Illness, Pain management, Critical Care, Rehabilitation, Cardiovascular Care, Chronic Disease Management, Healthcare, Stroke, Primary and Secondary care, palliative care, Health Education making them available online to worldwide researchers without any subscription fee. Health and Medical Research is using Editorial Manager System to maintain quality in the online manuscript submission, review and tracking process. Editorial board members of Health and Medical Research along with eminent scholars conduct the review process; at least two independent reviewers approval followed by the editor is required for the acceptance of any citable manuscript. As of today’s society, the use of social media has become a necessary daily activity, it is a valuable tool locally and worldwide, so we will communicate with the Researchers, Students, Scholars, Scientists, Professors, Deans, Institutes, Universities, and all the members related to the subject through LinkedIn, Twitter, Face book, My Live Chart, WhatsApp. We post the upcoming Issue and Journal highlights and current research works in social networks, so that all the members can work on the research and submit their papers. I take this opportunity to acknowledge the contribution of authors during the final editing of articles published and the support rendered by the editorial assistant in bringing out issues of APN in time. I would also like to express my gratitude to all the authors, reviewers, the publisher, the advisory and the editorial board of Journal of Health and Medical Research, the office bearers and staff for their support in bringing out yet another volume of APN and look forward to their unrelenting support to bring out the Volume 5 of APN in scheduled time.