# Historical Development and Recently Situation of History of Pharmacy and Deontology Courses in Turkey

# Sevgi Şar<sup>1</sup>, Miray Arslan<sup>1</sup>, Bilge Sözen Şahne<sup>2\*</sup>

<sup>1</sup> Ankara University Faculty of Pharmacy, Department of Pharmacy Management <sup>2</sup> Hacettepe University Faculty of Pharmacy, Department of Pharmacy Management

### **Review Article**

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# **Corresponding Author:**

# Bilge Sözen Şahne

Hacettepe University Faculty of Pharmacy, Department of Pharmacy Management, 06100, Sihhiye, Ankara-TURKEY, Email: bilgesozen@yahoo.com

# Abstract

The first pharmacy in Anatolia, which is the cradle of civilization because of its both historical and geographical features, was opened in Darussifas founded at Seljuk Period and pharmacists in this pharmacy was grew up by the master-apprentice method.

Pharmacy Education, started at Pharmacy Class in 1838, has taken its current form by showing a rapid development after the proclamation of the Republic in 1923. History of Pharmacy and Medical Ethics Course has an important place within the scope of this education that ongoing in 25 faculties of pharmacy, which provides education.

This course, is a great importance for the pharmacy profession, is given in different faculties, in different semesters, at different times and by different trainers in Turkey today. Various articles, theses and books conducted on history of pharmacy and deontology are sources for this course.

In this study, the historical development of the History of Pharmacy and Ethics Lessons were examined and by determining the courses relevant to the subject at schools in which pharmacy education continues, the current situation has introduced. Moreover, this important area's necessity was emphasized and various suggestions for improvement have been made.

*Keywords: Pharmacy Education, History of Pharmacy, Deontology* 

# Introduction

Anatolia, which is the between Asia and Europe, had made host lots of civilizations due to its geographical place. These civilizations were started numerous developments that affect the World. Also it is known that, basis of most of the firsts about health made at these lands, too.

The first pharmacies in Anatolia were opened in hospitals established at period of Anatolian Seljuk. First of them was in Gevher Nesibe Darussifasi which was built in the city of Kayseri in 1206 by the devise of the daughter of *Kılıç Arslan, Gevher Nesibe Sultan*  $^{(1,2)}$ .

It is known that there are information about specialized people at darussifas who were employee about supplying drugs and preparing medicines, the names of them, their tasks, specialties and fees at the Darussifa's deed  $^{(1,2)}$ .

At these Darussifas people about pharmacy are known with the name of Şerbetiyan, Uşşaban (Aşşab), Saydalan, Tebbah-ı Eşribe (people who prepare medicine at Fatih Darussifasi), Hafız-ı Eşribe or Mahzen Emini (people who work in drug warehouse) and Edviyeküb or Edviyagu (people who prepare medicine at Süleymaniye Darussifasi) <sup>(1,2)</sup>.

Before pharmacy education started as today, pharmacists were personally trained under the direction of a master pharmacist in Darussifas which established in the Anatolian Seljuk and Ottoman Period  $^{(1,2)}$ .

Pharmacy education in Turkey started at Pharmacy Class in the Imperial School of Medicine in Istanbul (Mekteb-i Tibbiye-i Adliye-i Sahane) that was opened by *Sultan II. Mahmud* on 14<sup>th</sup> May 1989 <sup>(1-4)</sup>. After this school in which courses had being given in French until 1870 and education period was three years, Mekteb-i Tibbiye-i Mülkiye-i Şahane (Istanbul, 1867), Haydarpaşa Military Health School (Istanbul, 1876), Central Turkey College (Gaziantep, 1876), Şam Sivil Tibbiye Mektebi (Şam, 1903) and Pharmacy School (Eczacı Mekteb-i Âlisi) (Istanbul, 1908) were opened <sup>(1,3,5)</sup>.

At the beginning of the Turkish Republic there was only one educational institution with the name of Pharmacy School (Eczacı Mekteb-i Âlisi) in the Faculty of Medicine. This school concluded to



Faculty of Science at 1933 by University Reform, but at 1944 concluded to Faculty of Medicine again because of not showing expected development <sup>(1-4)</sup>. At 1938 education at Pharmacy School increased from three years to four years  $_{(1,2,4)}$ .

In our country, Ankara University Faculty of Pharmacy was established in 1960 as the first faculty after the Pharmacist High School in Istanbul. Too many High Schools and Faculties of Pharmacy followed this <sup>(6)</sup>. Today, pharmacy education increased to five years in our country from 2005 and it is seen that the number of pharmacy faculties is over the 30 and total quota is increasing and nearly 1770 by the information in 2014 guide of Student Selection and Placement Center (ÖSYM). Foundation years and the names of faculties of pharmacy in Turkey are given in Table 1 <sup>(7-8)</sup>.

#### Table 1. Pharmacy Faculties in Turkish Universities<sup>7,8</sup>

# **Materials and Methods**

Relevant books, article and documents are the materials of this study. In addition, it is tried to get that these courses give in which semester, from who and how many hours by evaluation of information obtained from telephone calls and emails between academic staff who give these courses at Pharmacy Faculties and websites of faculties.

In this study, by examining the stages of the History of Pharmacy and Deontology education in Turkey with collecting necessary research and written material on the topic, present situation of it has tried to expose and the subject has been discussed in several aspects.

University	Foundation Year	University	Foundation Year
Ankara University*	1960	Yeni Yüzyıl University**	2010
Istanbul University*	1962	Adıyaman University***	2011
Hacettepe University*	1971	Ağrı İbrahim Çeçen University*	2011
Ege University*	1974	Trakya University*	2011
Gazi University*	1982	Cumhuriyet University*	2011
Marmara University*	1982	Çukurova University *	2011
Anadolu University*	1982	Yüzüncü Yıl University*	2011
Atatürk University*	1997	Kemerburgaz University**	2012
Mersin University*	2000	Dicle University *	2012
Inönü University*	2001	Bülent Ecevit University***	2012
Yeditepe University**	2001	Afyon Kocatepe University***	2012
Erciyes University*	2003	Süleyman Demirel University***	2012
Karadeniz Teknik University*	2003	Erzincan University*	2012
Mevlana University ***	2009	Katip Çelebi University***	2012
Bezm-i Alem Vakıf University**	2010	Biruni University*	2014
Istanbul Medipol University**	2010		

\*Pharmacy Faculties currently providing education in public universities

\*\* Pharmacy Faculties currently providing education in private universities

\*\*\* Pharmacy Faculties currently not providing education

In Turkey well as Faculties of Pharmacy, the Private High Schools started to establish from 1964 in different cities (Table 2) <sup>(3,9)</sup> and these schools by the Law (No. 1472) on 9<sup>th</sup> July 1971, were turned to public school because of being reverse to Constitution. This schools acted as a public school a while but after the Law on Organization of Higher Education Institutions (No 2808) on 28<sup>th</sup> March 1983, they upgraded to the Faculty of Pharmacy.

**Table 2. Pharmacy High Schools** 

Pharmacy High Schools	City	Foundation	
		Year	
Istanbul Pharmacy Private High School	Istanbul	1964	
Karataş Pharmacy High School	Izmir	1967	
Anadolu Pharmacy High School	Ankara	1968	
Ankara Pharmacy High School	Ankara	1968	
Efes Pharmacy High School	Izmir	1968	
Yakındoğu Pharmacy High School	Izmir	1968	
Hastaş Pharmacy High School	Eskişehir	1968	
Galatasaray Pharmacy Private High School	Istanbul	1969	

# History of Pharmacy Courses Education History in Turkey

The subject of History of Pharmacy was taken into pharmacy education curriculum for the first time by the *Istanbul University, Faculty of Medicine, School of Pharmacy Education and Examination Regulations* entered into forced on 28<sup>th</sup> March 1945. In accordance with the 15<sup>th</sup> Article of this Regulation, *Medicine and Pharmacy History and Deontology* course was placed to the curriculum in 7<sup>th</sup> semester for two hours per week. Although there was obligation to continue this course, there was not an examination and the success of this course determined by the midterm method and the course was given by *Ord. Prof. Dr. A. Süheyl Ünver* between 1945 and 1967 <sup>(1-3)</sup>.

After Istanbul Pharmacy School was turned to Istanbul University Faculty of Pharmacy at 1963, *History of Pharmacy and Deontology* course was placed in 5<sup>th</sup> semester for two hours per week and continue and examination to this course were made compulsory by the *Education and Examination* 



*Regulations* entered into forced on 16<sup>th</sup> July1964<sup>3,4</sup>. By the Regulations on 29<sup>th</sup> May 1984 this course was started to give in 8<sup>th</sup> semester <sup>(3)</sup>. This course given by *Ord. Prof. Dr. A. Süheyl Ünver, Prof. Dr. Bedii Şehsuvaroğlu, Prof. Dr. M. Emine Atabek, Prof. Dr. Arslan Terzioğlu, Prof. Dr. Turan Baytop, Prof. Dr. Ahmet Ekinci and Prof. Dr. Afife Mat at Istanbul University Faculty of Pharmacy from beginning to now <sup>(3,4)</sup>.* 

# Table 3. History of Pharmacy and Deontology courses at curriculum of Faculties of Pharmacy in Turkey <sup>(11,12)</sup>

*Sandalcı* at Anadolu University Faculty of Pharmacy, by *Yrd. Doç. Dr. Nazlı Şencan* at Yeditepe University Faculty of Pharmacy and by *Yrd. Doç. Dr. Halil Tekiner* at Erciyes University Faculty of Pharmacy<sup>(10)</sup>.

Today, History of Pharmacy and Deontology courses are taught in different semesters and at different hours at Faculties of Pharmacy, which providing education, in Turkey. These courses generally are given by Pharmacy Management Department's and

Name of the Faculty	Name of the Course	Semester	Hours/week	ECTS
Ağrı İbrahim Çeçen University Faculty of Pharmacy	History of Pharmacy	3		2
Anadolu University Faculty of Pharmacy	History of Pharmacy	1	2	2.5
	Pharmacy Deontology and Ethics	9 and 10	1	1.5
Ankara University Faculty of Pharmacy	History of Pharmacy and Deontology	3	1	2
	General Ethics, Pharmacy Ethics and	9	2	2
	Pharmacist-Patient Communication			
Atatürk University Faculty of Pharmacy	History of Pharmacy and Deontology	4	1	1
Bezmiâlem Vakıf University Faculty of Pharmacy	History of Pharmacy and Deontology	1	1	2
Cumhuriyet University Faculty of Pharmacy	History of Pharmacy and Ethics	1	2	4
Dicle University Faculty of Pharmacy	History of Pharmacy and Deontology	1	2	
Ege University Faculty of Pharmacy	History of Pharmacy and Deontology	5	1	2
Erciyes University Faculty of Pharmacy	History of Pharmacy and Ethics	3	2	
Gazi University Faculty of Pharmacy	History of Pharmacy and Deontology	8	2	2
Hacettepe University Faculty of Pharmacy	History of Pharmacy and Deontology	1	2	2
İnönü University Faculty of Pharmacy	History of Pharmacy	1	2	3
	Profession Ethics	9	1	2
İstanbul University Faculty of Pharmacy	History of Pharmacy and Deontology	8		2
İstanbul Kemerburgaz University Faculty of Pharmacy	Legislations in Pharmacy and Ethics	4	3	3
	History of Pharmacy	7	2	4
İstanbul Medipol University Faculty of Pharmacy	History of Pharmacy	3		1
	Orientation to Pharmacy and Ethical Principles	1		
Karadeniz Teknik University Faculty of Pharmacy	History of Pharmacy and Deontology	1	2	4
Marmara University Faculty of Pharmacy	Deontology and Ethics	6	1	
	History of Pharmacy	9	2	3
Mersin University Faculty of Pharmacy	History of Pharmacy and Deontology	8	1	2
Trakya University Faculty of Pharmacy	History of Pharmacy and Deontology	7		4
Yeditepe University Faculty of Pharmacy	History of Pharmacy and Deontology	8	2	3
Yeni Yüzyıl University Faculty of Pharmacy	Deontology and Ethics	8	2	2
	History of Pharmacy	2	2	2

History of Pharmacy and Deontology course has been given by Instructor Pharm. Şevket Yağtu between the years of 1961-1980 at Ankara University Faculty of Pharmacy, and in the subsequent years has been given by Prof. Dr. Eriş Asil, Prof. Dr. Sevgi Şar and Prof. Dr. Gülbin Özçelikay<sup>(6)</sup>. The same course is given by Prof. Dr. Aysen Karan, Prof. Dr. İsmail Üstel, Prof. Dr. Eriş Asil and Prof. Dr. Selen Yeğenoğlu at Hacettepe University Faculty of Pharmacy, by Prof. Dr. İsmail Ulutaş, Prof. Dr. A. Haydar Bayat, Prof. Dr. Tekant Gözler, Prof. Dr. Levent Tuğrul, Prof. Dr. Aysen Karan, Yrd. Doç. Dr. Sevil Aşıcı, Doç. Dr. İkbal Sucu, and Yrd. Doç. Dr. Bülent Kıran at Ege University Faculty of Pharmacy, by Doç. Dr. İkbal Sucu and Prof. Dr. Ekrem Sezik at Gazi University Faculty of Pharmacy, by Prof. Dr. Emre Dölen at Marmara University Faculty of Pharmacy, by Prof. Dr. İhsan Sarıkardeşoğlu, Prof. Dr. Sevgi Şar, Prof. Dr. Selen Yeğenoğlu, Prof. Dr. Ömür Elçioğlu, Prof. Dr. Yusuf Öztürk and Mert History of Pharmacy and Ethics Department's faculty members at faculties.

The lecturing status of History of Pharmacy and Deontology courses at Faculties of Pharmacy in Turkey are shown in Table 3 <sup>(11,12)</sup>. Instead of Yüzüncüyıl University Faculty of Pharmacy, this course is in the core curriculum of all faculties of pharmacy and generally given for one or two hours per week. History of Pharmacy course is compulsory course in general but it is an elective course at Erzincan University, Istanbul Kemelburgaz University and Trakya University Faculty of Pharmacy.

Chair of the History of Pharmacy was transformed into Department of Pharmacy Management after the universities were reorganized by the Law (no 2547) at 1982 in Turkey. There are four Departments of Pharmacy Management (Ankara Uni. Fac. of Pharm., Hacettepe Uni. Fac. of Pharm., Ege Uni. Fac. of Pharm. and İstanbul Uni. Fac. of Pharm.,) and also there are two Department of History of Pharmacy and Ethics (İstanbul Uni. Fac. of Pharm.-2013, Erciyes İstanbul Uni. Fac. of Pharm.-2014) in Turkey. In addition faculty members of the different departments who are interested in this topic give this courses if there is not any of these departments.

### **Deontology Courses Education History in Turkey**

The concept of *deontology*, which includes physicians' and pharmacists' mandatory duties to patients, colleagues and society once upon a time, has changed today considerably. Anymore, medical deontology has become a science including the rules about "giving good, helpful and efficient service to patients and do no harm". The first deontological rules about health professions in our country were in the text of the *Diploma Oath* which was read at the ceremony for the first graduates from *Mekteb-i Tibbiye-i Adliye-i Şahane* in 1843 <sup>(3)</sup>.

The course about *medical deontology* was known the name of *Vezaif-i Tıp* at Ottoman Period and given in 1<sup>st</sup> class at Department of Medicine. Firstly the name of deontology course were Medical Good Moral Science (*İlm-i Hüsn-ü Ahlak-ı Tıbbiye*) then it was changed to Duties of the Doctors (*İlm-i Edeb ve Vezaif-i Etibba*)<sup>(3,13-15)</sup>.

The first author in our country, treating the topic of the medical ethics was *Hayrullah Efendi* (1820-1866). Many issues related to medical ethics had been touched upon in *Hayrullah Efendi's* book *Makalât-ı Tıbbiye* published in Istanbul at 1848 <sup>(3, 13,16)</sup>.

The courses about *Medical Professional Ethics* at *Mekteb-i Tibbiye-i Adliye-i Şahane* were given by *Dr. Nahabed Roussinian Efendi* (1819-1876) from 1874 to his death and his book that he prepared in this field could not published <sup>(3,13,14,17)</sup>. After *Dr. Roussinian Efendi* death, *Dr. Joseph Nouridjan* (Nurican) *Efendi* gived this course <sup>(13)</sup>. The rules about Deontology of Pharmacy at Ottoman Period were placed in *Akrabadin*, the book of *Head physician of Aleppo Salih bin Nasrullah* (death 1669). In this book besides the deontological rules, punishments that the pharmacists will face when they do not meet them were mentioned, too <sup>(3)</sup>.

The first course about the deontology at *Istanbul Pharmacy School* was placed in 3<sup>th</sup> class in 1914 with the name of *Usul-i muaşeret-i ispençiyariye* (Good Relationship Ways in Pharmacy). This course was given in 1930 curriculum again in 3<sup>th</sup> class by *Mustafa Nevzat Pısak* with the name of *Kavanin ve Nizamat-i ispençiyariye ve Deontoloji* (Laws, Laws of Pharmacy and Deontology) <sup>(3, 5)</sup>. From 1938-1939 academic year education duration at this school increased to 4 years and this course was placed to education program as a conference with the name of *Deontology* which has no examination at 3<sup>th</sup> semester for 1 or 2 hours per week <sup>(3)</sup>.

This course is given today generally almost all of the Faculties of Pharmacy with the History of Pharmacy course with the name History of Pharmacy and Deontology. In our country, the subject of deontology is given instead of history of pharmacy only at Anadolu University Faculty of Pharmacy with the name of *Pharmacy Deontology and Ethics* and at Marmara University Faculty of Pharmacy and Yeni Yüzyıl University Faculty of Pharmacy with the name of *Deontology and Ethics.* 

# Publications about History of Pharmacy and Deontology

First publications about *Turkish History of Pharmacy* was made by Pharmacist Renato and Pharmacist Zanri, who investigated History of Pharmacy in Ottoman Period, between the years of 1850-1860. Naşit Baylav, Osman Şevki Uludağ, Feridun Nafiz Uzluk, A. Süheyl Ünver and Bedii Şehsuvaroğlu's publications followed them during the Republican period <sup>(1,3)</sup>. The books written in this field are *Turkish* History of Pharmacy by A. Süheyl Ünver at 1952 (10), History of Pharmacy by Naşit Baylav at 1968<sup>(1)</sup>, History of Pharmacy Book by Bedii Şehsuvaroğlu at 1970<sup>(18)</sup> and Turkish History of Pharmacy by Turhan Baytop at 1985 <sup>(2)</sup>. In addition, the last book's shortened 2<sup>nd</sup> edition is made by Afife Mat at 2001 <sup>(19)</sup>. Besides these textbooks, there are some publications as lecture notes like Prof. Dr. Emre Dölen's History of Pharmacy Lecture Notes (1995) (20) and Yrd. Doç. Dr. Bülent Kıran's History of Pharmacy and Deontology Lecture Notes (2014) (21). Furthermore, there are books as following; Eskisehir's History of Pharmacy by Mert Sandalcı (2014) <sup>(22)</sup>, Kayseri's History of Pharmacy by Yrd. Doc. Dr. Halil Tekiner (2005) (23), Turkish History of Pharmacy Research by Turhan Baytop (2000), An Essay on the History of Pharmacy Bibliography of Turkey (1927-2008) by Prof. Dr. Gülbin Özçelikay and Uzm. Ecz. Halil Tekiner (2009) (24). Additionally there are two Pharmacists' Almanac prepared by Remzi Kocaer at 1945 and 1967.

There is not any journal about History of Pharmacy and Deontology in our country. The manuscripts in this field generally public in the Acta Turtica Historiae Medicinae (Turkish History of Medicine Yearbook), The New History of Medicine Studies, Turkiye Klinikleri Journal of Medical Ethics-Law and History, Lokman Hekim Journal of History of Medicine and Folk Medicine and Journal of The Center for Ottoman Studies Ankara University. This publications can be about folkloric medicine, history of medical plants, biographical studies, pharmacy in ancient times, pharmacy in Anatolian Seljuk and Ottoman period, Islamic scholars and their works, pharmacopoeias, manuscripts, books, historical pharmacies, pharmacy associations and pharmacy journals.

There are also booklets about pharmacy deontology published by *Pharmacist Sevket Yağtu* at 1968 with the name of *Pharmacy Deontology (Professional Ethics and Etiquette)*<sup>(25)</sup> and *Prof. Dr. Turhan Baytop* at 1992 with the name of *Pharmacy Deontology*<sup>(26)</sup>. When looking at thesis, it can be seen that there are two doctoral thesis in the field of medical and

pharmacy ethics and deontology at Ottoman period <sup>(3)</sup>. One of them was Department of Medical History and Ethics lecturer *Prof. Dr. Nil Akdeniz Sari's* doctoral thesis "*Physician and Medical Ethics in the Ottoman*" (Istanbul-1995) <sup>(27)</sup> and the other one was *Prof. Dr. Rengin Dramur Bütün's* (lecture from the same department) doctoral thesis "*Pharmacy and Deontology in the Ottoman between the years of 1838-1908*" (Istanbul-1984) <sup>(28)</sup>. Then in the field of Medical Ethics two masters and four doctoral thesis were made.

There are two thesis, one of them is a doctoral thesis with the title of "An investigation of deontological violation cases referred to İzmir Pharmacist Chamber Honorary Committee" by Bülent Kıran (2012) <sup>(29)</sup> and the other is master thesis with the title of "A study on history of pharmacy of Kayseri and contributions of pharmaceutical enterprises on social life and economy of Kayseri" by Halil Tekiner (2006) <sup>(30)</sup> constructed under the supervision of the Pharmacy Management Department in the field of Pharmacy Deontology.

Since 1990, *Turkish History of Pharmacy Meetings* have been holding in the History of Pharmacy field. These meetings, the latest of it was made 2014 as XIth, are held in a different city every two years and proceedings on the history of pharmacy field are presented. But only proceedings articles of these meetings on 1990 <sup>(31)</sup>, 1998 <sup>(32)</sup>, 2002 <sup>(33)</sup> and 2012 <sup>(4)</sup> have been booked.

Basics of the Pharmacy Museums which can be called as laboratories of the History of Pharmacy was the museum opened by Prof. Dr. Turhan Baytop at Istanbul University Faculty of Pharmacy in 1960. From this date, pharmacy museums were created both within the faculties of pharmacy and by a variety of private organizations is known.

In addition, there is a *Turkish Pharmacists Deontology Regulation* entered into force with the adopted Law No. 6/10314 on 9<sup>th</sup> July 1968 that pharmacists obliged to comply with in our country. This regulation consists of 3 sections and 20 items and generally regulates relationship between pharmacists, patients and doctors <sup>(3,34)</sup>.

# **Results and Discussion**

Today, History of Pharmacy and Deontology courses generally are given at 4<sup>th</sup> class and 1 hour per week in our country. Owing to a lack of course hours and be taught one semester, History of Pharmacy and Deontology cannot be given enough to students. Hence, it is necessary to increase the hours of this course.

In the courses at Anadolu University Faculty of Pharmacy with the name of *Pharmacy Deontology and Ethics* and at Marmara University Faculty of Pharmacy and Yeni Yüzyıl University Faculty of Pharmacy with the name of *Deontology and Ethics*, the subject of Deontology is given separately from the History of Pharmacy. There is not any department or discipline on this issue at these faculties, so the courses generally are given by a contract faculty member from the outside.

If the importance of the History of Pharmacy and Deontology issues to be considered for pharmacy profession, it is seen that courses should be given in integrity and by faculty members who specialize in this area. The faculty members, taken with postgraduate education to be trained in this field, are needed in faculties. Many of the ethical and deontological issues are encountered in the field of pharmacy like in other fields with rapid progress of science and technology. Thus, today the importance of Deontology and Ethics courses' is more of a priority. However, there is not also a department under the name of "History of Pharmacy and Deontology" that graduate education is available. Therefore, absence of the postgraduate training program has led to the lack of trained faculty members on the History of Pharmacy and Deontology issue. The existence of a relevant department and the support thereof provide trained faculty members in this field for Faculties of Pharmacy and also giving the courses on this issue by the different departments of the faculty will be precluded.

Also, increase will be seen in the quality of pharmacy education by the enlargement of hours and content of these courses, which should be given by the Department of Pharmacy Management at Faculties of Pharmacy in the current situation in Turkey, as well as by training the person skilled in this field and by these people with taking responsibility for these courses.

In our country, by examining the education and training programs determining the teaching hours of the courses relating to History of Pharmacy, Deontology and Pharmacy Ethics, which are not only a course but also a very rich research field, again and giving these courses in the appropriate semester and duration will provide a major contribution to this field. In addition, training of experts by supporting the postgraduate education in this field and putting History of Pharmacy, Deontology and Pharmacy Ethics courses into the education program as separate courses by educated faculty members will bring a lot to this field.

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### **AUTHORS' CONTRIBUTIONS**

Authors contributed equally to all aspects of the study.

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#### **CONFLICTS OF INTEREST**

The authors declare that they have no competing interests.