



## **HELLP SYNDROME**

## Basel Abubaker

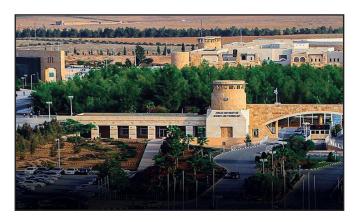
Jordan university of science and technology, Irbed 21110, Jordan

## **Abstract:**

HELLP syndrome is a complication of pregnancy characterized by hemolysis, elevated liver enzymes, and a low platelet count. It usually begins during the last three months of pregnancy or shortly after childbirth. Symptoms may include feeling tired, retaining fluid, headache, nausea, upper right abdominal pain, blurry vision, nosebleeds, and seizures. Complications may include disseminated intravascular coagulation, placental abruption, and kidney failure.

The cause is unknown. The condition occurs in association with pre-eclampsia or eclampsia in around  $15\,\%$  with severe preeclampsia . Other risk factors include previously having the syndrome, a mother older than  $25\,$  years, and being white. The underlying mechanism may involve abnormal placental development.

Physicion should request the proper and comprehensive invistigations to cover the condition and its complications. At the same time proper management should be taken to protect the mom and her baby. It is really an important topic with a lot of details (so i think it is enough to mention a breif here couse the management part hold alot of details). And i am gonna present a real case.



## Biography:

Basel abubaker is a 25 year old male doctor. He graduated from medical college at jordan university of science and technology then he did his internship in king abdullah university hospital. Now he is an obstetrics and gynecology resident at king abdullah university hospital. He did his elective course in USA(GEORGIA -ATLANTA ) at the ob/gyn department .He has many certificates related to conferences, scholarship, events and worshops .His inspireed doctor is his dad who is an obstetricion and gyneclologist. He passed the first part of plap with a high score and going to do the 2nd one this year.

7th International conference on Medical and Nursing education, July 17, 2020, Vienna, Austria

Citation: Basel Yousef Mohammad Abubaker, HELLP SYNDROME, July 17, 2020, Vienna, Austria.

J Health Med Res 2020 Volume: and Issue: S(2)