



HELLP SYNDROME

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Abstract:

HELLP syndrome is a complication of pregnancy characterized by hemolysis, elevated liver enzymes, and a low platelet count. It usually begins during the last three months of pregnancy or shortly after childbirth. Symptoms may include feeling tired, retaining fluid, headache, nausea, upper right abdominal pain, blurry vision, nose bleeds, and seizures. Complications may include disseminated intravascular coagulation, placental abruption, and kidney failure.

The cause is unknown. The condition occurs in association with pre-eclampsia or eclampsia in around 15 % with severe preeclampsia . Other risk factors include previously having the syndrome, a mother older than 25 years, and being white. The underlying mechanism may involve abnormal placental development.

Physician should request the proper and comprehensive investigations to cover the condition and its complications. At the same time proper management should be taken to protect the mom and her baby. It is really an important topic with a lot of details (so i think it is enough to mention a breif here cause the managment part hold alot of details). And i am gonna present a real case.



Biography:

Basel abubaker is a 25 year old male doctor. He graduated from medical college at jordan university of science and technology then he did his internship in king abdullah university hospital. Now he is an obstetrics and gynecology resident at king abdullah university hospital. He did his elective course in USA(GEORGIA -ATLANTA) at the ob/gyn department .He has many certificates related to conferences,scholarship, events and workshops .His inspired doctor is his dad who is an obstetrician and gynecologist. He passed the first part of plap with a high score and going to do the 2nd one this year.

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