



Facelift: Tactics and ancillary procedures applied to Pitanguy's technique to optimize results

Dr Barbara Helena Barcaro Machado

Rio de Janeiro, Brazil

Abstract:

Background: A Face and neck rejuvenation procedures have evolved from techniques relying on small incisions to more aggressive and multiplane dissections. The neck and midface became augmentation targets of researchers all over the world in the late 1990s, when many surgeons were looking for better and longer-lasting results with facelifting. Many authors

have extensively published articles offering different techniques to treat the aging face.

Multiple vectors of traction, different planes of dissection, endoscopic treatment, and volume restoration have been described as tools by which to achieve a desirable facelift result, as have superficial musculo-aponeurotic system (SMAS) treatment through plication, dissection, or resection; positioning of incisions for hairline preservation; hairline implantation; treatment of the neck with liposuction or direct lipectomy; and more controversial approaches such as submandibular gland resection.

As common sense, the keys to consistent results are the surgeon's judgment and ability to individualize a treatment plan according to the patient's needs. The desired natural-appearing result is related to the proper correction of some morphological characteristics of the aging face.

This presentation is based on the approach called "round" facelift technique, described by Pitanguy and my experience as a plastic surgeon-in-chief at Ivo Pitanguy Clinic. Some personal strategies and ancillary procedures that are performed during the facelift procedure to enhance the surgical results are discussed.

Biography:

Dr. Bárbara completed her training in General Surgery at Hospital da Lagoa, in Rio de Janeiro, and then completed her postgraduate studies in Reconstructive Microsurgery at INCa (National Cancer Institute), at Universi-



dade Federal Fluminense, in 1991. In 1992 was approved in the first place for the Post-Graduation Course in Plastic Surgery at the Pontifical Catholic University of Rio de Janeiro, at the Service of Professor Ivo Pitanguy, with whom he worked, from the beginning of his residency, in 1992, until 2016.

References:

- Machado, BHB, Pitanguy I.: Aesthetic and Surgical Anatomy of the Face. In: Plastic Surgery: A view of its breadth. Ivo Pitanguy. Associated Publisher. Publisher Atheneu, 2016 ISBN: 978-85-388-0736-0
- Machado, BHB, Pitanguy I.: Facial Rejuvenation Surgery. In: Plastic Surgery: A view of its breadth. Ivo Pitanguy. Associated Publisher. Publisher Atheneu, 2016 ISBN: 978-85-388-0736-0
- Machado, BHB, Pitanguy I.: Blepharoplasty - Plastic Surgery of the Eyelids. In: Plastic Surgery: A view of its breadth. Ivo Pitanguy. Associated Publisher. Publisher Atheneu, 2016 ISBN: 978-85-388-0736-0
- Machado, BHB, Pitanguy I.: Approach of the Perioral Region and Mandibular Contour. In: Plastic Surgery: A view of its breadth. Ivo Pitanguy. Associated Publisher. Publisher Atheneu, 2016 ISBN: 978-85-388-0736-0

[2nd Webinar on Plastic Surgery and Anesthesia Medicine, November 30th, 2020 London, UK](#)

Citation: Dr. Barbara Helena Barcaro Machado, Facelift: Tactics and ancillary procedures applied to Pitanguy's technique to optimize results, 2nd Webinar on Plastic Surgery and Anesthesia Medicine, November 30th, 2020 London, UK