Emotional dentistry and dental photography for treatment planning

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Abstract:
Research says that those of us who are ashamed of our smile are more depressed, with-drawn and lacking in confidence. What if there was a way to give you a smile that made you look great, made others feel more positively towards you, and truly reflected the way you felt? A Smile that reflects the character, soul and style that you want to project to others, traditionally dentists have focused solely on teeth and gums. But emotional dentistry goes much further. Emotional Dentistry is analysing and considering the full face of the patient into the new smile so that it looks natural. We look at the whole person. That’s because we understand one crucial thing: a smile comes from the soul, not from the mouth. The art of Emotional Dentistry is similar to the skill of an architect, interior designer or sculptor. They understand the universal truths about shape, proportion, and symmetry. About how the arrangement of light, space, and form can either look harmonious and pleasing, or jarring and unnatural. How some shapes can excite us and others can make us feel calm and safe. Another important feature is morphopsychology. The objective of morphopsychology is to establish the links between physical or morphologic appearance and characterological or psychologic particulars. “Facial shapes are a reflection of the life forces that are at work within each individual” (developed in the 1930s by a French psychologist named Louis Corman) concrete and harmonious reflection of the development of thought and spirit should be helpful in understanding the secret nature of these elements. This postulate is the basis for the development of the “science” of morphopsychology, an understanding of which represents one of the means of assessing the personality of our patients. The shape of your teeth says a lot about your personality.

Digital Smile Design (DSD) is a treatment planning protocol that allows for careful analysis of the patient’s facial and dental structures through state-of-the-art videography and digital technology. Today, the DSD Concept is considered the most modern, patient-centered design approach available. Dental photography allows the patient to visualize his or her smile and oral condition with the same acute perspective as the dentist, which helps the patient understand the rationale for recommended treatment.

Biography:
Basma Raza-ur Rahman is a General Practitioner Dentist by profession and works in Dr. Sulaiman Al-Habib Hospital, a private hospital in Riyadh. She holds a Bachelor’s Degree in Dental Surgery. She’s been practicing Dentistry for the past 2.5 years and ongoing, she has recently given a lecture on “Oral Health Care and How to Educate your Patients” in her work place and gained praises for her thorough knowledge and great presenting skills. She’s working on giving the ORE exams in the UK to work there in the future. She has always been active in extracurricular activities during her college days from doing a Breast Cancer Awareness Campaign for a whole month of October in her first year of college, to attending AEEDC Dental Conference In Dubai February 2014-2015-2017, to her senior year Pediatrics project on “How to Raise Oral Hygiene Awareness among Children” that aired on Saudi Channel 2. She has always been very clear with her views and how she presents them to an audience, and knows exactly what to deliver to the audience and how to interact with them.

Publication of speakers:
1. Rahman RB, Acharya, A., Powell, V., Torres-Urquidy, “Integration of Medical and Dental Care and Patient Data”.
2. Rahman RB, Kathryn A. Atchison, “Integration of Oral Health and Primary Care: Communication, Coordination and Referral.

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