



# Dental practice management: Post COVID-19

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## Abstract:

The COVID-19 pandemic, still on the growth curve, has had a devastating effect on the dental health sector for the past 3 months. This has become an area of enormous concern for the dentists professionally and the patients in terms of dental health. Dentistry at this point needs a complete structural change to prevent cross-infection among the patients and dentists owing to the unique characteristic of a dental health-care setting as well as to offer a sense of safety and security to the patients. This article highlights the salient points to be considered for the post-COVID phase in dentistry.

## **Biography:**

Mithra N Hegde is currently serving as Vice Principal, Heading the Department of Conservative Dentistry &Endodontics at A.B Shetty Memorial Institute of Dental Sciences, Affiliated to Nitte University, Mangalore, India. She graduated in 1989 with TMA Pai and Colgate gold medals and been a teacher and researcher since 1992 with 248 scientific research articles in internationally indexed Journals. Teaching from last 25 years has guided 37 and co-guided 99 post graduate students. A recognized PhD guide with 4 candidates awarded PhD and 4 registered candidates. She is the recipient of highest Civilian Award in the field of medicine- Karnataka Rajyotsava Award in 2011. She also has received Dentist excellence award 2013 Instituted by Indian Dentist Research and Review, Dr. J.G. Kannappan Award by the International Association for Dental Research and Indian Society for Dental Research 2013, Women Dentist



Achiever of the year awarded by Indian Dental Association and Women Dental Council (2010). She is also a recipient of Fellowship awarded by International College of Dentists (U.S.A., 2011) and Pierre Fauchard Academy (U.S.A.- 2002). She was a Syndicate Member, Member of Centre for Advanced studies at Mangalore University and Member of Board of studies for Under Graduate and Post Graduate Board, Ph.D. She is in Registration Committee and an External Expert- Research Committee, Rajiv Gandhi University of Health Sciences.

## Publication of speakers:

- 1. Mithra N Hegde, Saliva as a biomarker for dental caries: A systematic review, J Conserv Dent, Jan-Feb 2019; 22(1):2-6.
- 2. Mithra N Hegde, Antibacterial activity of dental restorative material: An in vitro study, J Conserv Dent, Jan-Feb 2018; 21(1):42-46.

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