



Death Literacy – One Project: Kopenick mit “PfiFf”

Anja Herzog

Nurse in Palliative Care & Health Sciences

Abstract:

58% of people in Germany would like to be cared for at home during the life phase of dying (DHPV 2016, Fricke 2017). In the district of Berlin Köpenick live more than 20% aged 65-80 years (BA Treptow Köpenick 2018). With this age structure, the residents* distinguish themselves from other Berlin districts. This is exactly where the Köpenick project with “PfiFf” has its roots. Among other things, we refer to the characteristics of experimental learning and social action, which include features such as recourse to ability and experiences or trust in network structures. The sharing of knowledge and skills within social networks empowers people. Reflection on one’s own experiences reveals that most people are equipped to care for a dying person.

Aim: The project aims to enable those involved in the dying process to provide care beyond the clinical institutional barriers, such as hospitals in their familiar home environment (neighbourhood / community). It thus strengthens and promotes their need for security and gives them self-confidence and self-esteem.

Method: Due to the heterogeneity of the target groups, the reservoir of the methodology is very broad. This is based on a basic salutogenetic understanding. Based on the Empowerment approach, people are regarded as experts. The methodological focus is on experimental learning and social action. An example - trainees / students in nursing; During the three-year training, the carers are



sensitized and empowered, for instance, in the communication module or during the death seminar. Methodological approach: including perspective change / role playing / exchange of experiences / reflection / ontological confrontation.

Expectation: A patient-centered, safe care that goes beyond the clinical boundaries, so that people can dying according to their needs and desires in their families.

Biography:

Anja Herzog Nurse (2003) in Palliative Care (2009) in Health Sciences B.Sc. (2019), Speaker - Long Night of Sciences, Care Slam, Young Nursing Congress, oncological conference, Posterpresentation_Poverty & Health Congress, interview partner - project: 30Thoughts on death, Nurse & Teacher of DRK-Schwesternschaft (Germany - Berlin).

7th International conference on Medical and Nursing education, July 17, 2020, Vienna, Austria

Citation: Anja Herzog, Death Literacy – One Project: Kopenick mit “PfiFf”, July 17, 2020, Vienna, Austria.