



Can the cream replace the lasers for the melasma removal?

Dinko Kaliterna

Poliderma Polyclinic, Croatia

Abstract:

Melasma is a very common aesthetic problem which is sometimes very refractory to remove. Typically it gets worse during the summer and better during the winter. There are many different creams and treatments for melasma removal. Melasma is not only the pigmentary disorder, but it is also a combination of the hyperpigmentation and capillaries. Under Wood lamp examination of the place of melasma, we saw an increased number of the capillaries. If we want to remove melasma successfully, we must also act on the capillaries in order to remove them. We should speak about vascular and nonvascular melasma according to the capillaries. Before the treatment, we must determine the type of melasma and adjust the therapy. We want to represent the creams based on the butylresorcinol for the melasma removal. For the first time, there is a cream for vascular and nonvascular melasma. The butylresorcinol in combination with the tranexamic acid successfully removes capillaries also. The results are seen mostly after only 7 to 10 days of use and can be compared with the results of the Pico laser. It's very important that cream is suitable for any skin type and can be used during the summer.

Biography:

Dinko Kaliterna is doctor dermatovenerologist, a founder & owner of Croatian Polyclinic Poliderma. Founded in 2004. and based in Zagreb, it is specialised for laser technology and devices, with largest choice of non-invasive, most modern aesthetic-corrective treatments and the largest number of published treatment results in the world.



Recent Publications:

1. Skeleton Changes Induced by Horse Riding on Medieval Skeletal Remains from Croatia, S. Anđelinović, Ivana Anterić, E. Škorić, Zeljana Basic, Dinko Kaliterna
2. Are patients with truncal type of Stiff Person Syndrome hidden in a heterogeneous group of non-radiographic axial spondyloarthritis?, Dinko Kaliterna
3. Isokinetic testing of muscle strength of rotator cuff muscles in volleyball players, Dinko Kaliterna
4. Extremely rare coincidence of non-radiographic axial spondyloarthropathy HLA-B27 positive and Stiff Person Syndrome - Rheumatologist point of view, Ivanka Marinović, Dinko Pivalica, Jure Aljinović, Dusanka Martinović, Kaliterna, Dinko Kaliterna

Webinar on Dermatology & cosmetology | October 15, 2020 | Dubai, UAE

Citation: Dinko Kaliterna, Can the cream replace the lasers for the melasma removal?, Dermatology & Cosmetology 2020, October 15, 2020, Dubai, UAE.