



Apex Ear Bleeding and Dietary Counselling in Patients with Anxiety Treated with Auricular Acupuncture – A Double Blind Study

Huang, Wei Ling

Medical Acupuncture and Pain Management Clinic, Brazil

Abstract:

Most Chinese Acupuncture books do not mention bleeding the ear to treat anxiety. Each type of food can also cause an energy imbalance. A retrospective and prospective double blind study to observe the difference among anxiety patients treated with Auricular Acupuncture (AA) with or without Apex Ear Bleeding (AEB) associated or not with Chinese Dietary Counseling (CDC). 1500 records of AA patients were studied by the clinic's secretary noting the name and phone of 97 (6.5%) with anxiety.. Another person contacted the patients to fill a questionnaire by phone, including a Hospital Anxiety Evaluation Scale (HAES) test..

Biography:

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she has been presenting her work worldwide, working with



the approach and treatment of all diseases of all systems of the human body in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates.

Recent Publications:

1. Huang, Wei Ling¹, Hellenic J Cardiol. 2018
2. Huang, Wei Ling¹, Saudi Med J. 2018
3. Huang, Wei Ling¹, Int J Mol Sci. 2018
4. Huang, Wei Ling¹, J Endod. 2017
5. Huang, Wei Ling¹, Oncotarget. 2017

Webinar on Traditional & Alternative Medicine | August 19, 2020 | Osaka, Japan

Citation: Huang, Wei Ling; Apex Ear Bleeding and Dietary Counselling in Patients with Anxiety Treated with Auricular Acupuncture - A Double Blind Study; Webinar on Traditional & Alternative Medicine; August 19, 2020; Osaka, Japan