



## Advocacy and its impact on the way of doing public health

### José David Navarrete Santiago

Calle Lotos, Colonia Vista Hermosa, Tuxpam, Veracruz

### **Abstract:**

Currently, there are needs to address different diseases that affect the development of a society, these are not only reflected in an increase in incidence, but also in the decrease in economic, human and intellectual capital for a community or country, so the development of skills for the recognition of needs that can be solved with public health policies has become one of the main goals of contemporary medicine, however the development of these skills in the student of the area of health sciences It is lacking but obsolete, so for this I propose three stages, the first is the identification of a problem in a community, this could be from the absence of drinking water, to the absence of recreational areas, later developing a theoretical framework, making use of the established laws, this stage is the most important, since in each community this will change, above e all because of the historical and social background, an example is in Mexico where there are rural communities called ejidos, they have a governing body made up of a board of ejidatarios and it is this body that makes the decisions for the development of the community, without the need to apply for permits to state or federal powers, and the last point is the elaboration of a proposal for public health policy made up of the presentation of the problem, a theoretical and legal framework and an achievable and realistic solution.



#### Biography:

José David Navarrete Santiago has completed his PhD at the age of 25 years from Universidad Veracruzana, Ex President of the Association of Medical Students of the Universidad Veracruzana Poza Rica zone AEMUVPR for its initials in Spanish, Ex National program coordinator of the permanent committee for human rights and peace of AMMEF, Winner in 2 occasions of the national project fair of AMMEF, Winner of the 1st and 2nd place of the activities fair held in lima peru of IFMSA America. Current medical director of the Independencia Diabetic Foot Specialty Clinic

# **Recent Publications:**

1. Jennifer Shipman; From Screening to Targeted Degradation: Strategies for the Discovery and Optimization of Small Molecule Ligands for PCSK9, 2020

7th International conference on Medical and Nursing education, July 17, 2020, Vienna, Austria

Citation: José David Navarrete Santiago, Advocacy and its impact on the way of doing public health, July 17,2020, Vienna, Austria.

J Health Med Res 2020 Volume: and Issue: S(2)