## Adrenomedullin's Effects on Pulmonary Vein Arrhythmogenesis and Atrial Electrophysiology

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### Abstract

A new medication for the treatment of heart failure may be the peptide adrenomedullin, which has vasodilatory, natriuretic, and diuretic properties. Atrial Fibrillation (AF) is linked to a higher risk of heart failure, however it is yet unknown how adrenomedullin affects the development of atrial arrhythmia. This study looked into whether adrenomedullin affects the electrophysiology of the Pulmonary Vein (PV) or the atria. The effects of adrenomedullin (10 pg/mL, 30 pg/mL, and 100 pg/mL) on the electrical activity, mechanical responsiveness, and ionic currents of isolated rabbit PV and sinoatrial node tissue preparations as well as single PV cardiomyocytes were investigated using conventional microelectrode or whole-cell patch clamps. Adrenomedullin dramatically decreased the PVs' spontaneous beating rate from 2.0 Hz to 1.3 Hz and 1.1 Hz at concentrations of 30pg/mL and 100 pg/mL (reductions of 32.9% 7.1% and 44.9 8.4%, respectively). It also decreased the PVs' diastolic tension by 12.8% 4.1% and 14.5% 4.1%, respectively. Adrenomedullin, in contrast, had no impact on the beating of the sinoatrial node. Adrenomedullin (30 pg/mL) had no effect on the PVs' spontaneous beating rate or diastolic tension when L-NAME was present. Adrenomedullin (30 pg/mL) dramatically decreased the sodium-calcium exchanger's reverse-mode current and L-type Calcium Current (ICa-L) in the single-cell studies. Adrenomedullin may be helpful for treating atrial tachyarrhythmia as it decreases spontaneous PV activity and PV diastolic tension by reducing ICa-L and NCX current.

**Keywords:** Atrial fibrillation • Adrenomedullin •Pulmonary vein • Heart failure

## Introduction

A 52-amino acid peptide belonging to the calcitonin gene-related peptide family is called adrenomedullin. Vasodilatation, natriuresis, diuresis, enhancement of vascular integrity, and avoidance of vascular leakage are only a few of the cardiovascular effects of adrenaline. It also has non-cardiovascular effects (anti-inflammatory activity, mucosal epithelial repair, and maintenance of intestinal barrier function). Adrenomedullin and its receptors are strongly expressed in blood vessels and broadly present in a variety of organs. It was thought to be a target for treating Heart Failure (HF) and other cardiovascular illnesses due to its vasodilatory impact and widespread expression throughout the cardiovascular system. The level of plasma adrenomedullin was associated with the severity of HF and may stop the disease from progressing. Plasma adrenomedullin levels have been found in numerous studies to rise proportionately to the severity of HF. Adrenomedullin and other neurohumoral substances like norepinephrine, brain (or Btype) natriuretic peptide, and atrial natriuretic peptide have been linked in

studies. Adrenomedullin may be helpful for treating HF by lowering pulmonary edoema through the stability of endothelial barrier function without overt hemodynamic or humoral effects, according to a phase 1 clinical trial. Adrenomedullin's ability to dilate both resistance and capacitance capillaries is a vital function. Adrenomedullin binds to its receptors on vascular endothelial cells and smooth muscle cells, causing a rise in intracellular cyclic adenosine monophosphate and the activation of Protein Kinase A (PKA). This results in a vasodilatory effect. Adrenomedullin (ADM), initially detached from a concentrate of a pheochromocytoma, likewise has a scope of biologic properties like the cardiovascular chemicals, yet these properties are less articulated than those of the heart hormones. Implantation of ADM brings down circulatory strain and creates diuresis and natriuresis. Adrenomedullin causes a dependable hypotension joined by expanded pulse as a sideeffect. ANP, yet not LANP, vessel dilator or kaliuretic chemical, builds flowing convergence of adrenomedullin three-to four-overlay, the recommending that a portion of the detailed impacts of ANP might be interceded by means of adrenomedullin. Nonetheless, the natriuresis and diuresis optional to ANP were a lot bigger than ever seen with adrenomedullin, proposing that ADM doesn't intervene all of the natriuretic and diuretic impacts of ANP. Adrenomedullin is a bigger peptide than any of the heart chemicals, with its principal site of blend being in the adrenal, yet secluded renal cells likewise can integrate adrenomedullin optional to feeling by vasopressin by means of V2 receptors. Since vasopressin (antidiuretic chemical, ADH) hinders a diuresis these discoveries are against discoveries that ADM causes a diuresis. Adrenomedullin is essential for a peptide family that imparts underlying similitude to calcitonin quality related peptides and amylin, what divide biologic impacts and some cross-reactivity among receptors. The adrenomedullin prohormone at its N-terminal end contains one more naturally dynamic peptide with vasodilating properties known as Proadrenomedullin N-terminal 20 Peptide (PAMP). Whether more PAMP or adrenomedullin is delivered relies upon of its prohormone by substitute joining the chemical C-amidating peptidylglycine monoxygenase. Adrenomedullin applies its activities through G-protein-coupled layer receptors connected to adenylyl cyclase, bringing about an expansion in cell cyclic AMP301 rather than the heart chemicals (ANP, BNP, LANP, vessel dilator, and kaliuretic peptide) whose subsequent courier is cyclic GMP. Proadrenomedullin is thought not to act by means of either cyclic AMP or cyclic GMP, yet rather by means of potassium channels, which in the end apply a presympathetic hindrance of thoughtful nerves innervating blood vessels.

Atrial Fibrillation (AF) is the most prevalent persistent arrhythmia among HF patients, with a prevalence of 25% on average. HF is a significant risk factor for AF. The Pulmonary Veins (PVs), which are the main sources of ectopic beats causing paroxysmal AF and the foci of ectopic atrial tachycardia, become more arrhythmogenic when HF is present. Atrial pressure increases speed up the PVs' firing rates, causing AF. Through the PKA signaling pathway, adrenomedullin has been shown to lower the ICa-L in the myocytes of rats experiencing septic shock. Adrenomedullin may affect atrial arrhythmogenesis because PKA signaling is crucial in the aetiology of AF. The impact of adrenomedullin on the development of atrial arrhythmias is still unknown. Adrenomedullin's effects on HF or PV arrhythmogenesis may thereby lower the incidence of AF. This study looked into whether adrenomedullin affects PV arrhythmogenesis or atrial electrophysiology (AF substrate).

# Electropharmacological studies of PV and sinoatrial node tissues

The United States National Research Council Institute for Laboratory Animal Research's Guide for the Care and Use of Laboratory Animals was followed in all experiments (animal permission number: LAC-2021-0381). Male New Zealand

rabbits weighing 2.5kg-3.0kg and with an average age of 6 months were sedated for 10 min. using inhalational isoflurane (2.0%-2.5%) from a precision vaporizer. Lack of corneal reflexes or motor reaction to the painful stimulus of a scalpel tip served as evidence that the anesthesia was effective. From the intersection of the superior vena cava and RA, the SAN was separated. At the LA-PV junction and the end of the PV myocardial sleeve, PV tissues were separated from the LA and the lungs, respectively. The distal PV end of the tissue preparations was connected to a Grass FT03C force transducer (Grass Instruments, Beverly, MA, USA) by silk thread, and the LA-PV-junction end was secured with needles at the bottom of a tissue bath. The LA and RA tissue preparations were isolated from the LA and RA appendages as previously explained. The Tyrode solution, which contains Sodium Chloride (NaCl) (137 mmol/L), potassium chloride (4 mmol/L), sodium bicarbonate (15 mmol/L), Sodium Bicarbonate (NaH2PO4; 0.5 mmol/L); magnesium chloride (0.5 mmol/L); calcium chloride (2.7 mmol/L); and glucose (11 mmol/L), was perfused at a constant rate Using machinepulled glass capillary microelectrodes filled with 3 mol/L KCl and linked to a World Precision Instruments Duo 773 Electrometer (Sarasota, FL, USA) under tension of 150 mg, the transmembrane action potentials of the LA, RA, PV, and SAN tissues were recorded. Before the electrophysiological and pharmacological analyses, the tissue preparations were allowed to equilibrate for 1 hour at a temperature of 37° C. According to the previous description, electrical and mechanical events were concurrently recorded with a Gould TA11 Recorder and displayed on a Gould 4072 Oscilloscope (Gould Electronics, Cleveland, OH, USA). The difference between the RMP and peak of AP depolarization was used to determine the APA. APD90, APD50, and APD20 are the numbers assigned to the (APD) at 90%, 50%, and 20% repolarization, respectively.

### Isolation of single PV cardiomyocytes

As previously mentioned, single PV cardiomyocytes were isolated from rabbits weighing 2.0 kg-3.0 kg. Ionic currents in the isolated PV cardiomyocytes were recorded using a whole-cell patch clamp and an Axopatch 1D amplifier (Axon Instruments, Foster City, CA, USA) at 35°C. To prevent any decrease in ion channel activity, the ionic currents were measured 3 minutes to 5 minutes after rupture or perforation. Each experiment started with a brief hyperpolarizing step from a holding potential of 50 mV to the test potential of 55 mV. To calculate the total cell capacitance, the area beneath the capacitive current curve was divided by the applied voltage step.

### Discussion

Although the peptide is a biomarker for HF and coronary artery disease, nothing is known regarding its role in AF. The favorable inotropic effects of adrenomedullin primarily affect the atria in healthy human cardiac tissue, as evidenced by an increase in contractile force. The adrenomedullin signaling cascade is downregulated during atrial stretch, increasing susceptibility to AF. Adrenomedullin doesn't seem to be a good predictor of incident or recurring AF episodes, though. In thiswork, we found that adrenomedullin concentrations of 30 pg/mL and 100 pg/mL significantly decreased spontaneous PV activity. According to earlier research, the average plasma levels of adrenomedullin in healthy people were around 7.2 pg/mL and around 33.8 pg/mL in HF patients. Adrenomedullin treatment may result in three times the initial level of serum adrenomedullin concentrations. As a result, the adrenomedullin concentrations utilized in this investigation were regarded as clinically appropriate. In rat aortae, rat renal and hindquarter vascular beds, and dog kidneys, adrenomedullin has an endothelium-dependent vasodilatory action via the Nitric Oxide (NO)-cyclic guanosine monophosphate route. Following the administration of adrenomedullin at 30 pg/mL and 100 pg/mL, we saw a decrease in vascular tone. Adrenomedullin may decrease PV arrhythmogenesis, at least in part, by inhibiting the vascular diastolic which is regulated stretch-induced tension, by mechanoelectrical feedback. A further indication that adrenomedullin may activate NO signaling is the NO production inhibitor L-suppression NAME's of antiarrhythmogenesis in the adrenomedullin-treated PV tissue preparations.

After a brief (30 min) incubation, adrenomedullin might cause an initial rise in cell shortening and  $Ca^{2+}$  transients followed by pronounced declines. Adrenomedullin also decreased the levels of  $Ca^{2+}$  and  $ICa_{-L}$  in rabbit ventricular myocytes. We found that adrenomedullin directly decreased ICa-L in PV cardiomyocytes in this work, and this reduction may help explain how adrenomedullin affects spontaneous PV activity. Additionally, we found that adrenomedullin dramatically shortened the LA and RA's APD20 and APD50 but not their APD90. These findings imply that the effects of adrenomedullin on ICa-L are primarily responsible for the shortening of the atria's APD20 and APD50. Our research suggests that adrenomedullin lowers the risk of AF by preventing the development of PV, LA, and RA arrhythmias.

Adrenomedullin at 100 pg/mL, we found, very slightly decreased spontaneous SAN activity. Because the absence of SAN overdrive control of subsidiary pacemaker cells may make the development of ectopic arrhythmias easier, these minor effects on the SAN may prevent bradycardia during adrenomedullin administration, which is an important factor in atrial arrhythmogenesis. The processes underpinning the disparate reactions of the PVs and SAN to adrenomedullin, however, are unclear and may be brought on by variations in the spontaneous SAN and PV activities themselves, as pacemaker current has a significant impact on SAN activity but little on PV activity. Additionally, adrenomedullin-induced PV dilatation may have antiarrhythmic effects by lowering spontaneous PV activity via mechanoelectrical feedback.

## Conclusion

By decreasing spontaneous PV activity through mechanoelectrical feedback and lowering ICa-L and NCX current, adrenaline may stimulate NO signaling and have antiarrhythmic effects. Adrenomedullin injection is a possible cutting-edge approach to managing atrial arrhythmogenesis.

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