



21st century orofacial myology: Helpful for all ages

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Abstract:

Introduction: It has taken many years for the field of Orofacial Myology to think about treatment for infants. Most orthodontic concerns have not been addressed until pre-teen years or later, so most referrals to people in my field were and still are made then.

Methods

Using muscle activities to improve their lip tone, tongue posture, chewing, swallowing, and breathing, orofacial myology seemed the most expeditious way to help to improve their quality of life.

Biography:

Sandra Coulson earned her BA Degree in Speech Therapy and Education in 1965 and her MS in Health Sciences in 2010 from the University of Northern Colorado. She served as Director of Special Education for the public school system in Tacoma, Washington (1966 -1970), as a speech therapist in the Denver Public Schools (1970-



1975), as a consultant providing stroke therapy services also in Denver (1970-1973), and as Clinical Instructor at the Community College of Denver (1978-1980). She joined the International Association of Orofacial Myology where she became Certified in 1986. She is currently a Life Member of the IAOM after serving on their Board of Directors for nine years, on several of executive boards, and as their President from 2005 to 2007. She has been a Certified Instructor for the IAOM since 2011. She has been in private practice in Orofacial Myology for more than 45 years (1969 - present).

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